

BBC

Fríggjadagur 1. mars

- 6.25 Today's Viewing
- 6.30 BBC Breakfast News
- 8.50 Daytime UK
- 9.00 News and Weather
- 9.05 Brainwave
- 9.25 Dish of the Day
- 9.30 People Today
- 10.00 News and Weather
- 10.05 Playdays
- 10.35 People Today
- 11.00 News and Weather
- 11.05 Kilroy
- 11.45 Before Noon
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 First Sight
- 14.00 Celebration of the Bicycle 2:6
- 14.20 Sport on Friday
- 15.00 News and Weather
- 15.50 News and Weather
- 16.00 Extra Inset Management in Education: New Ways with Staff
- 16.35 Eyespy: »Rock Festival«
- 17.00 Newsround Extra
- 17.10 Grange Hill 16:20
- 17.35 Around Scotland: Out & about on the Mountain
- 18.00 Six O'Clock News
- 18.30 Newsroom South East
- 19.00 Wogan
- 19.40 ?
- 20.10 Timewatch: »Comrade Robinson«
- 21.00 Nine O'Clock News
- 21.30 The Boys from the Bush
- 22.30 Newsnight
- 23.15 Arena: »Radio Caroline«
- 0.15 Saturday's Viewing
- 0.20 Close

Leygardagur 2. mars

- 8.25 Today's Viewing
- 8.30 Dodgem
- 8.50 Gordon the Gopher 9:13 - Barnasending
- 9.00 Dizzy Heights 3:7 - Barnasending
- 9.30 Reportage
- 10.20 First Sight
- 10.50 Gardeners World
- 11.20 Food and Drink 16:16
- 11.50 Top Gear 1:10
- 12.20 Grandstand
- Rugby Union: France—Wales og Ireland—England. — Racing frá Haydock. — Racing frá Newbury.
- 17.05 News and Weather
- 17.15 Tomorrow's World
- 17.45 Jim'll fix it 7:13
- 18.20 'Allo! 'Allo!
- 18.50 The Paul Daniels Magic Show 9:9



- 19.35 Bergerac 9:10
- 20.30 40 Minutes
- 21.10 Timewatch
- 22.15 News and Sport
- 22.35 Late again
- 23.20 ?
- 23.50 Sunday's Viewing
- 23.55 Close

Sunnudagur 3. mars

- 8.50 Today's Viewing
- 8.55 Playdays
- 9.15 Lent Service 3:6
- 10.00 France Actuelle 3:5
- 10.25 Mexico Vivo 4:5
- 10.50 Step up to Word Power: »Reading between the Lines«
- 11.15 A Way with Numbers 13:20
- 11.40 Bazaar 6:20
- 12.05 See Hear
- 12.30 Country File
- 13.00 News Summary
- 13.05 On the Record

- 14.00 Eastenders Omnibus
- 15.00 Rhythms of the World
- 15.55 Arena: »Radio Caroline«
- 17.05 The Clothes Show 24:33
- 17.30 Antiques Roadshow 10:12
- 18.15 OK 2
- 18.25 News and Weather
- 18.40 Songs of Praise: St. Marylebone, London
- 19.15 Brushstrokes
- 19.45 Butterflies
- 20.15 Lovejoy 9:11
- 21.05 Scene Two: »Laughter of Gods«
- Leikur um Jane og mann hennara Steve, sum er arkitekt. Tey tykjast at hava tað gott, eiga tvær dætur og búgva í einum býi í Onglandi. Men alt umskiftist, tá ið arbeiðsmenn á einum bygningi hjá Steve í Yorkshire uppdaga eitt loyniligt rúm í neðra.

- 22.35 News and Weather
- 22.50 Clive James Interview 3:8
- 23.25 Heart of the Matters
- 0.00 Monday's Viewing
- 0.05 Close

Mánadagur 4. mars

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- 9.25 Dish of the Day
- 9.30 People Today
- 10.00 News and Weather
- 10.05 Playdays - Barnasending
- 10.35 ?
- 11.00 News and Weather
- 11.05 Kilroy
- 11.45 Before Noon
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- Prát og tónleikur frá Pebble Mill í Birmingham.

- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Mastermind 7:17
- 14.00 Natural World: Even the Animals must be free
- 14.50 QED: »Your Child's Diet on Trial«
- 15.25 Bazaar
- 15.50 That's Life
- 16.30 Fighting Talk
- Prát um AIDS og HIV og við bretska tíðindastöðina.

- 17.00 Newsround
- 17.10 Blue Peter
- 17.35 Going for Gold
- 18.00 Six O'Clock News
- 18.30 Newsroom South East
- 19.00 Wogan
- 19.30 Family Matters 3:14
- 20.00 Wildlife on One: »Sky Raiders«
- 20.30 Taking the Floor
- 21.00 Nine O'Clock News
- 21.30 Panorama
- 22.10 ?
- 22.30 Newsnight
- 23.15 Money Programme
- 23.55 Tuesday's Viewing
- 0.00 Close

Týsdagur 5. mars

- 6.25 Today's Viewing
- 6.30 BBC Breakfast News
- 8.50 Daytime UK
- 9.00 News and Weather
- 9.05 Brainwave
- 9.25 Dish of the Day
- 9.30 People Today
- 10.00 News and Weather
- 10.05 Playdays - Barnasending
- 10.35 ?
- 11.00 News and Weather
- 11.05 Kilroy
- 11.45 Before Noon
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Horizon: Playing at Noah
- 14.20 ?
- 15.10 Westminster Live
- 15.50 Bitsahl
- 16.10 Technology and Design: Mowing
- 16.35 The really wild Roadshow 6:9
- 17.00 Newsround
- 17.10 Grange Hill 17:20

- 17.35 Going for Gold
- 18.00 Six O'Clock News
- 18.30 Newsroom South East
- 19.00 Holiday '91 9:14
- 19.30 Eastenders
- 20.00 Dads Army
- 20.30 A Question of Sport
- 21.00 Nine O'Clock News
- 21.30 Assignment
- 22.20 Building Sights
- 22.30 Newsnight
- 23.15 Fighting Talk
- 23.45 Wednesday's Viewing
- 23.50 Close

Mikudagur 6. mars

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- 6.30 BBC Breakfast News
- 8.50 Daytime UK
- 9.00 News and Weather
- 9.05 Brainwave
- 9.25 Dish of the Day
- 9.30 People Today
- 10.00 News and Weather
- 10.05 Playdays - Barnasending
- 10.35 ?
- 11.00 News and Weather
- 11.05 Kilroy
- 11.45 Before Noon
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Mosaic
- 14.00 When I get to Heaven
- 14.30 Taking Liberties
- 15.00 Nature
- 15.30 Country Men
- 16.00 Update Europe: A long Way from Home
- 16.20 Zig Zag
- 16.40 Bodger and Badger 9:12
- 17.00 Newsround
- 17.10 Dodgem
- 17.35 Going for Gold
- 18.00 Six O'Clock News
- 18.30 Newsroom South East
- 19.00 Wogan
- 19.35 ?
- 21.00 Nine O'Clock News
- 21.30 ?
- 22.00 Fighting Talk
- 22.30 Newsnight
- 23.15 ?
- 0.05 Thursday's Viewing
- 0.10 Close

Hósdagur 7. mars

- 6.25 Today's Viewing
- 6.30 BBC Breakfast News
- 8.50 Daytime UK
- 9.00 News and Weather
- 9.05 Brainwave
- 9.25 Dish of the Day
- 9.30 People Today
- 10.00 News and Weather
- 10.05 Playdays - Barnasending
- 10.35 ?
- 11.00 News and Weather
- 11.05 Kilroy
- 11.45 Before Noon
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Bookmark
- 14.20 QED
- 15.00 Reportage
- 15.50 Dooby's Duck Truck
- 16.00 Gordon the Gopher 10:13
- 16.20 You and me: Say what you feel
- 16.35 Dizzy heights 4:7
- 17.00 Newsround
- 17.10 Blue Peter
- 17.35 Going for Gold
- 18.00 Six O'Clock News
- 18.30 Newsroom South East
- 19.00 Top of the Pops
- 19.30 Eastenders
- 20.00 Tomorrow's World
- 20.30 Doctor at the Top 4:7
- 21.00 Nine O'Clock News
- 21.30 Open all Hours
- 22.00 Question Time
- 23.00 The Wet
- 23.30 Newsnight
- 0.15 Friday's Viewing
- 0.20 Close

Euro Sport

Fríggjadagur 1. mars

- 5.00 International Business Report
- 5.30 European Business Today
- 6.00 D.J. Kat
- 7.30 Eurobics
- 8.00 Virginia Slims of Chicago Tennis
- 9.00 Tennis Exhibition Match
- 10.30 Eurobics
- 11.00 World Matchplay Snooker
- 13.00 Million Dollar Golf Challenge
- 14.00 Indoor Athletics
- 16.00 Biathlon World Championships
- 17.00 World Sports Special
- 17.30 Volleyball - Nations Cup
- 18.30 Eurosport News
- 19.00 Ice Speedway
- 20.00 WWF Wrestling
- 22.00 World Cup Skiing
- 23.00 Eurosport News
- 23.30 Weightlifting World Championships
- 0.00 World Matchplay Snooker
- 2.00 Close

Leygardagur 2. mars

- 6.00 Childrens Programming
- 7.00 Fun Factory
- 9.00 Mobil 1 Motor Sport News
- 9.30 Big Wheels
- 10.00 Ice Speedway
- 11.00 Saturday Alive:
 - World Cup Skiing
 - Bobsleigh World Cup
 - Mediterranean Open Golf
 - Cycling: The Het Volk Race
 - B.O.C. Round The World Yacht Race
 - World Cup Skiing Highlights
- 18.00 International Motor Sport
- 19.00 Freestyle Skiing
- 19.30 Bobsleigh World Cup
- 22.00 World Cup Skiing
- 23.00 Bobsleigh World Cup
- 23.30 Cycling: Preview of the 1991 Season
- 0.30 Mediterranean Open Golf
- 2.30 Close

Sunnudagur 3. mars

- 6.00 Hour of Power
- 7.00 Fun Factory
- 9.00 Trans World Sport
- 10.00 Basketball - Men's European Cup
- 11.00 Sunday Alive:
 - Superbouts
 - Lahti Ski Games
 - Mediterranean Open Golf
 - Sprint Speed Skating
 - Lahti Ski Games
 - Sprint Speed Skating
 - Bobsleigh World Cup
 - Trial Bikes World Cup
 - 19.30 Indoor Athletics
 - 20.30 The Game of Billions
 - 21.30 Lahti Ski Games
 - 22.00 Lahti Ski Games
 - 22.30 Volleyball - Nations Cup
 - 23.30 Mediterranean Open Golf
 - 1.30 Close

Mánadagur 4. mars

- 5.00 International Business Report
- 5.30 Those were the Days
- 6.00 D.J. Kat
- 7.30 Eurobics
- 8.00 British Formula 3 Motor Racing
- 8.30 Commonwealth Bak Classic Cycling
- 9.30 World Cup Skiing
- 10.30 Eurobics
- 11.00 World Matchplay Snooker
- 13.00 The Arnold Palmer Story - Sports Documentary
- 14.00 Luge World Cup
- 14.30 Ice Speedway World Championships
- 15.30 The Game of Billions - Football Documentary
- 16.30 Lahti Ski Games
- 17.00 Big Wheels
- 17.30 NHL Ice Hockey
- 18.30 Eurosport News
- 19.00 U.S. College Basketball
- 20.00 Superbouts
- 21.00 The Motor Sport Year
- 23.00 International Handball
- 0.00 Eurosport News
- 0.30 World Matchplay Snooker
- 2.30 Close