

BBC

Fríggjadagur 8. mars

- 6.25 Today's Viewing
- 6.30 BBC Breakfast News
- 8.50 Daytime UK
- 9.00 News and Weather
- 9.05 Kilroy
- 9.50 Dish of the Day
- 10.00 News and Weather
- 10.05 Playdays
- 10.35 ?
- 11.00 News and Weather
- 11.05 People Today
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 First Sight
- 14.00 The Bicycle 3:6
- 14.20 Sport on Friday
- 15.00 News and Weather
- 15.50 News and Weather
- 16.00 Top Gear
- 16.35 Eyespy: »Lost in Space«
- 17.00 Newsround Extra
- 17.10 Grange Hill 18:20
- 17.35 Scene: Young Vietnam
- 18.00 Six O'Clock News
- 18.30 Newsroom South East
- 19.00 Wogan
- 19.40 Joint Account
- 20.10 40 Minutes
- 21.00 Nine O'Clock News



- 21.30 The Boys from the Bush
- 22.30 Newsnight
- 23.15 Arena: »Keith Waterhouse«
- 0.15 Saturday's Viewing
- 0.20 Close

Leygardagur 9. mars

- 8.25 Today's Viewing
- 8.30 Dodgem
- 8.55 Gordon the Gopher 10:13 - Barnasending
- 9.05 Dizzy Heights 4:7 - Barnasending
- 9.30 Reportage
- 10.20 First Sight
- 10.50 Gardeners' World
- 11.20 The Bicycle
- 11.50 Top Gear 2:10
- 12.20 Grandstand
- Kappkoyring frá Chepstow. — Rugby League Challenge Cup.
- 17.10 News and Weather
- 17.20 Tomorrow's World
- 17.55 Jim'll fix it 8:13
- 18.30 'Allo! 'Allo!



- 19.00 Bergerac
- 20.05 Rhythms of the World
- 21.00 Lazarus and Dingwall
- 21.30 News and Sport
- 21.50 Late again
- 22.35 Arena: »Keith Waterhouse«
- 23.35 ?
- 0.00 Sunday's Viewing
- 0.05 Close

Sunnudagur 10. mars

- 8.50 Today's Viewing
- 8.55 Playdays
- 9.15 Lent Service 4:6
- 10.00 France Actuelle 4:5
- 10.25 Mexico Vivo 4:5
- 10.50 Step up to Word Power: »In your own Words«
- 11.15 A Way with Numbers 13:20
- 11.40 Bazaar 7:20
- 12.05 Sign Extra
- 12.30 Country File
- 13.00 News Summary
- 13.05 On the Record
- 14.00 Eastenders Omnibus
- 15.00 Bookmark
- 16.40 ?
- 17.05 The Clothes Show 25:33
- 17.30 Antiques Roadshow 11:12
- 18.15 OK 2
- 18.25 News and Weather
- 18.40 Songs of Praise: Competition
- 19.15 Brushstrokes
- 19.45 Butterflies
- 20.15 Lovejoy 9:11
- 21.05 That's Life
- 21.45 News and Weather
- 22.00 ?
- 22.50 Screen Two: »Morphine and Dolly mixtures«
- 0.10 Monday's Viewing

Mánadagur 11. mars

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- 10.00 News and Weather
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- 11.00 News and Weather
- 11.05 People Today
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Mastermind 8:17
- 14.00 Natural World: Marathon Birds
- 14.50 QED
- 15.25 Bazaar
- 15.50 The Vet: Life and death
- 16.30 Fighting Talk
- 17.00 Newsround
- 17.10 Blue Peter
- 17.35 ?
- 18.00 World Indoor Athletics Final
- 18.30 Wogan
- 19.00 World Service Television News
- 19.30 Family Matters 4:15
- 20.00 Wildlife on One: »Beauty and the Beast«
- 20.30 Taking the Floor
- 21.00 Nine O'Clock News
- 21.30 Panorama
- 22.10 ?
- 22.30 Newsnight
- 23.15 Money Programme
- 23.55 Tuesday's Viewing
- 0.00 Close

Týsdagur 12. mars

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- 9.00 News and Weather
- 9.05 Kilroy
- 9.50 Dish of the Day
- 10.00 News and Weather
- 10.05 Playdays - Barnasending
- 10.35 ?
- 11.00 News and Weather
- 11.05 People Today
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Horizon: Eco Tourism
- Upptækur úr Belize og úr Mexico. Send- ingin snýr seg um stríðs millum varðveit- an og menningu, og leiklutin hjá vísindini at fáa semju í lag.
- 14.20 Holiday Outings
- 14.35 History File: The World since 1945: Zimbabwe
- 15.05 Westminster Live
- 16.00 Racing

- 16.20 Bitsahl
- 16.35 The really wild Roadshow 7:9
- 17.00 Newsround
- 17.10 Grange Hill 19:20
- 17.35 Landmarks: People on the move moving there
- 18.00 World Indoor Athletics Final
- 18.30 Wogan
- 19.00 World Service Television News
- 19.30 Eastenders
- 20.00 Dads Army
- 20.30 A Question of Sport
- 21.00 Nine O'Clock News
- 21.30 My Kingdom for a Horse
- 22.40 Assignment: »Japan«
- 23.25 Newsnight
- 0.10 Wednesday's Viewing
- 0.15 Close

Mikudagur 13. mars

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- 9.05 Kilroy
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- 10.00 News and Weather
- 10.05 Playdays - Barnasending
- 10.35 ?
- 11.00 News and Weather
- 11.05 People Today
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Mosaic
- 14.00 When I get to Heaven
- 14.30 Taking Liberties
- 15.00 Nature
- 15.30 Country Men
- 16.00 Racing
- 16.20 Zig Zag
- 16.40 Bodger and Badger 10:12
- 17.00 Newsround
- 17.10 Dodgem
- 17.35 Science in Action — Great Stuff
- 18.00 Canvas: Pioneer Art
- 18.30 Holiday '91
- 19.00 World Service Television News
- 19.35 Racing
- 21.00 Nine O'Clock News
- 21.30 QED: Smoking
- 22.00 Fighting Talk
- 22.30 Newsnight
- 23.15 Racing
- 23.45 Thursday's Viewing
- 23.50 Close

Hósdagur 14. mars

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- 8.50 Daytime UK
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- 10.00 News and Weather
- 10.05 Playdays - Barnasending
- 10.35 ?
- 11.00 News and Weather
- 11.05 People Today
- 12.00 News and Weather
- 12.05 After Noon
- 12.20 Scene Today
- 12.55 Regional News and Weather
- 13.00 One O'Clock News
- 13.30 Rapido
- 13.50 Racing
- 15.50 Dooby's Duck Truck
- 16.00 Gordon the Gopher 11:13
- 16.20 You and me: But you promised
- 16.35 Dizzy Heights 5:7
- 17.00 Newsround
- 17.10 Blue Peter
- 17.35 Update Europe: French Farmer
- 18.00 Holiday Outings: French Alps
- 18.25 Wogan
- 19.00 World Service Television News
- 19.30 Eastenders
- 20.00 Tomorrow's World
- 20.30 Doctor at the Top 5:7
- 21.00 Nine O'Clock News
- 21.30 Crimewatch UK
- 22.15 Question Time
- 23.15 Skating
- The World Championship í skoyting frá München, Týsklandi.
- 23.55 Crimewatch Update
- 0.05 Friday's Viewing
- 0.10 Close

MTV

Fríggjadagur 8. mars

- 0.00 VJ Pip Dann
- 2.00 Night Videos
- 6.00 Awake on the Wildside
- 9.00 The Big Picture
- 9.30 VJ Paul King
- 14.00 VJ Pip Dann
- 16.00 MTV's Coca Cola Report
- 16.15 MTV's News at Night
- 16.30 MTV's Greatest Hits
- 17.30 MTV Prime
- 18.30 Dial MTV
- 19.00 VJ Ray Cokes
- 19.30 YO! MTV Raps
- 20.00 MTV Rockumentary
- 20.30 VJ Ray Cokes
- 21.00 Bootleg MTV
- 21.30 The Big Picture
- 22.00 Saturday Night Live
- 22.30 MTV's Coca Cola Report
- 22.45 MTV News at Night
- 23.00 MTV's greatest Hits

Leygardagur 9. mars

- 0.00 VJ Pip Dann
- 2.00 Night Videos
- 7.00 VJ Paul King
- 10.30 MTV's US Top 20 countdown
- 12.30 XPO
- 13.00 VJ Pip Dann
- 16.00 YO! MTV Raps
- 17.00 Week in Rock
- 17.30 The Big Picture
- 18.00 MTV's Braun European Top 20
- 20.00 Partyzone
- 22.30 Club MTV
- 23.30 VJ Ray Cokes

Sunnudagur 10. mars

- 2.00 Night Videos
- 7.00 VJ Paul King
- 9.00 Club MTV
- 10.00 VJ Paul King
- 10.30 MTV's Braun European Top 20
- 12.30 XPO
- 13.00 VJ Pip Dann
- 17.30 Week in Rock
- 18.00 MTV's US Top 20 Countdown
- 20.00 120 Minutes
- 22.00 XPO
- 22.30 Headbangers ball

Mánadagur 11. mars

- 0.30 VJ Ray Cokes
- 2.00 Night Videos
- 6.00 Awake on the Wildside
- 9.00 MTV at the Movies
- 9.30 VJ Paul King
- 14.00 VJ Pip Dann
- 16.00 MTV's Coca Cola Report
- 16.15 MTV News at Night
- 16.30 MTV's Greatest Hits
- 17.30 MTV Prime
- 18.30 Dial MTV
- 19.00 VJ Ray Cokes
- 21.30 MTV at the Movies
- 22.00 Saturday Night Live
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- 22.45 MTV News at Night
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Týsdagur 12. mars

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