

BBC**Fríggjadagur 22. mars**

6.25 Today's Viewing
 6.30 BBC Breakfast News
 8.50 Daytime UK
 9.00 News and Weather
 9.05 Kilroy
 9.50 Dish of the Day
 10.00 News and Weather
 10.05 Playdays
 10.35 ?
 11.00 News and Weather
 11.05 People Today
 12.00 News and Weather
 12.05 After Noon
 12.20 Scene Today
 12.55 Regional News and Weather
 13.00 One O'Clock News
 13.30 The Vet: Cats, Cows & Ceilidhs
 14.00 The Bicycle 5:6
 14.20 Sport on Friday
 15.00 News and Weather
 15.50 News and Weather
 16.00 Top Gear
 16.35 Take Two
 17.00 Newsround Extra
 17.10 Gruy Twoey
 17.35 Landmarks
 18.00 Secret Circles
 18.30 Top of the Pops
 19.00 World Service Television News
 19.25 First Sight
 20.10 ?
 21.00 Nine O'Clock News



21.30 The Boys from the Bush
 22.30 Newsnight
 23.15 Rory Bremner
 23.45 Saturday's Viewing
 23.50 Close

Leygardagur 23. mars

8.25 Today's Viewing
 8.30 Dodgem 5:6
 8.55 Gordon the Gopher 12:13 - Barnasending
 9.05 Dizzy Heights 6:7 - Barnasending
 9.30 Reportage
 10.20 First Sight
 10.50 Gardeners' World
 11.20 The Bicycle 5:6
 11.50 Top Gear 4:10
 12.20 Grandstand
 17.10 News and Weather
 17.20 Tomorrow's World
 17.55 Jim'll fix it 10:13
 18.30 ?
 19.00 World Service Television News
 19.30 Wogan
 20.10 Heart of the Matter
 20.40 ?
 21.00 News and Sport
 21.20 Late again
 22.05 Newsview
 22.50 Rhythms of the World
 23.45 Sunday's Viewing
 23.50 Close

Sunnudagur 24. mars

8.50 Today's Viewing
 8.55 Playdays
 9.15 Lent Service 6:6
 10.00 France Actuelle 5:5
 10.25 Management in Schools
 11.15 A Way with Numbers 14:20
 11.40 Bezaar 9:20
 12.05 Sign Extra
 12.30 Country File
 13.00 News Summary
 13.05 ?
 14.00 Eastenders Omnibus
 15.00 Antenna
 16.00 40 Minutes
 17.10 Superdogs
 17.50 The Clothes Show 27:28
 18.15 OK2 Talk Feelings
 18.25 Scrutiny

19.00 World Service Television News
 19.30 Top Gear
 19.45 Brushstrokes
 20.15 Lovejoy
 21.00 News
 21.15 Screen Two: »Dreaming«
 23.45 Monday's Viewing
 23.50 Close

Mánadagur 25. mars

6.25 Today's Viewing
 6.30 BBC Breakfast News
 8.50 Daytime UK
 9.00 News and Weather
 9.05 Kilroy
 9.50 Dish of the Day
 10.00 News and Weather
 10.05 Playdays - Barnasending
 10.35 Going for Gold
 11.00 News and Weather
 11.05 People Today
 12.00 News and Weather
 12.05 After Noon
 12.20 Scene Today
 12.55 Regional News and Weather
 13.00 One O'Clock News
 13.30 The Clive James Interview 5:8
 14.05 Natural World: The Man who invented big Oil: »In the Wake of the Exon Valdez«
 14.55 The 20th Century
 15.25 Bazaar
 16.00 Heart of the Matter
 16.30 Plunder
 16.55 Newsround
 17.05 Blue Peter
 17.35 Turnabout
 18.00 ?
 18.20 Money Programme
 19.00 World Service Television News
 19.30 Family Matters 6:15
 20.00 Wildlife on One: »The Transformers«
 20.30 Taking the Floor
 21.00 Nine O'Clock News
 21.30 Panorama
 22.10 Canvas: The laughing Cavalier
 22.30 Newsnight
 23.15 Chronicle: The lost City of the Incas
 0.15 Tuesday's Viewing
 0.20 Close

Týsdagur 26. mars

6.25 Today's Viewing
 6.30 BBC Breakfast News
 8.50 Daytime UK
 9.00 News and Weather
 9.05 Kilroy
 9.50 Dish of the Day
 10.00 News and Weather
 10.05 Playdays - Barnasending
 10.25 ?
 11.00 News and Weather
 11.05 People Today
 12.00 News and Weather
 12.05 After Noon
 12.20 Scene Today
 12.55 Regional News and Weather
 13.00 One O'Clock News
 13.30 Horizon: Everest
 14.20 The Royal Institution Christmas Lectures: »The Grand Design«
 15.20 Westminster Live
 15.50 News
 16.15 Bitstall
 16.35 The really wild Roadshow 9:9
 17.00 Newsround
 17.10 Gruy Twoey
 17.35 Turnabout
 18.00 Plunder
 18.30 Wogan
 19.00 World Service Television News
 19.30 Eastenders
 20.00 Dads Army
 20.30 A Question of Sport
 21.00 Nine O'Clock News
 21.30 Assignment »Cuba«
 22.20 Building Sights
 22.30 Newsnight
 23.15 Taking Liberties
 23.45 Wednesday's Viewing
 23.50 Close

Mikudagur 27. mars

6.25 Today's Viewing
 6.30 BBC Breakfast News
 8.55 The Royal Institution Christmas Lectures: »The Grand Design«
 10.00 News and Weather
 10.05 Last Exodus

11.35 The really wild Roadshow
 12.00 News and Weather
 12.05 Happy Memories
 12.20 Scene Today
 12.55 Regional News and Weather
 13.00 One O'Clock News
 13.30 Mosaic
 14.00 The Royal Institution Christmas Lectures: »The birth of the Stars«
 15.00 Nature
 15.30 Country Men
 16.00 When I get to Heaven
 16.40 Bodger and Badger 12:12
 17.00 Newsround
 17.10 Dodgem
 17.35 Turnabout
 18.00 ?
 18.30 Holiday '91 12:14
 19.00 World Service Television News
 19.35 Plunder
 20.10 Timewatch: »Cold Wars«
 21.00 Nine O'Clock News
 21.30 For the greater God 2:3
 22.30 Newsnight
 23.15 ?
 23.45 Thursday's Viewing
 23.50 Close

Hósdagur 28. mars

6.25 Today's Viewing
 6.30 BBC Breakfast News
 8.55 The Royal Institution Christmas Lectures: »The birth of the Stars«
 10.00 News and Weather
 10.05 Last Exodus
 11.35 Dodgem
 12.00 News and Weather
 12.05 Happy Memories
 12.20 Scene Today
 12.55 Regional News and Weather
 13.00 One O'Clock News
 13.30 QED: Operation Sri Lanka
 14.00 Reportage
 14.50 Rapido
 15.20 A taste of Health: Everyday eating
 15.50 Dooby's Duck Truck
 15.55 Gordon the Gopher 13:13
 16.35 Dizzy heights 7:7
 16.55 Newsround
 17.05 Blue Peter
 17.35 Turnabout
 18.00 Holiday Outings: Coach Camping - South of France
 18.25 Wogan
 19.00 World Service Television News
 19.30 Eastenders
 20.00 Tomorrow's World
 20.30 Doctor at the Top 5:7
 21.00 Nine O'Clock News
 21.30 Open all Hours
 22.00 Rough Justice
 22.30 The Royal Institution Lectures: »The origin of Quasars«
 23.30 Friday's Viewing
 23.35 Close

Fríggjadagur 29. mars

7.00 News
 7.15 QED: Operation Sri Lanka
 8.00 News
 8.15 A Taste of Health: Everyday eating
 9.00 News
 9.05 Natural World: The Man who invented big Oil
 9.55 Chronicle: The lost City of the Incas
 11.00 Good Friday Service, Wales Cathedral
 12.00 Gordon the Gopher
 12.20 Dizzy Heights
 13.00 One O'Clock News
 13.35 Sport on Friday
 15.00 News
 15.50 News
 16.00 Top Gear
 16.30 The Bicycle 6:6
 16.50 The Vet: A great Way to start the New Year
 17.20 Holiday Outings: Donegal
 17.30 First Sight
 18.00 ?
 18.30 Top of the Pops
 19.00 World Service Television News
 19.30 ?
 20.00 Song for Europe
 20.45 News
 21.05 The Boys from the Bush
 21.55 Song for Europe - Results
 22.10 Everyman Special
 22.40 Rory Bremner
 23.00 Close

EuroSport**Fríggjadagur 22. mars**

5.00 International Business Report
 5.30 European Business Today
 6.00 D.J. Kat
 7.30 Eurobics
 8.00 British Formula 3 1990 Motor Racing
 8.30 Cross-Country Skiing
 9.30 Equestrianism
 10.30 Eurobics
 11.00 IAAF Indoor Athletics
 12.00 Rodeo Showdown
 13.00 Catalan Open Golf
 15.00 Motorcycling Review of 1990
 16.00 The Barcelona Marathon
 17.00 Rodeo
 17.30 World Cup Showjumping finals
 18.30 Eurosport News
 19.00 Rodeo
 20.00 WWF Wrestling
 21.30 Formula 1 Motor Racing - Grand Prix of Brazil
 22.00 World Strength Championships
 22.30 Men's Nations Cup Volleyball
 23.30 Big Wheels
 0.00 Eurosport News
 0.30 The Ford Ski Report
 1.30 Close

Leygardagur 23. mars

6.00 Childrens Programming
 7.00 Fun Factory
 9.00 Mobil 1 Motor Sport News
 9.30 Formula 1 Motor Racing - Grand Prix of Brazil
 10.00 Equestrianism
 11.00 Saturday Alive: The Ford Ski Report
 Ski Flying World Cup
 World Cup Skiing
 Ice Hockey
 Cycling
 17.45 Boc Round The World Yacht Race
 18.00 International Motor Sport
 19.00 Cycling
 20.00 Ringside
 22.00 Formula 1 Motor Racing - Grand Prix of Brazil
 22.30 Big Wheels
 23.00 World League of American Football
 1.30 Test Match Cricket
 2.30 Motor Cycling Grand Prix of Japan

Sunnudagur 24. mars

6.00 Hour of Power
 7.00 Fun Factory
 9.00 Trans World Sport
 10.00 Men's European Cup Basketball
 11.00 Sunday Alive: Superbouts
 Formula 1 Motor Racing Grand Prix of Brazil
 Ski Flying World Cup
 Motor Cycling Grand Prix of Japan
 World Cup Skiing
 Formula 1 Motor Racing - Grand Prix of Brazil
 Formula 1 Motor Racing Grand Prix of Brazil
 18.30 World League of American Football
 22.00 Football Documentary - The Game of Billions
 23.00 World Championship Cross Country
 0.00 Formula 1 Motor Racing
 2.00 Test Match Cricket
 3.00 Close

Mánadagur 25. mars

5.00 International Business Report
 5.30 Those were the Days
 6.00 D.J. Kat
 7.30 Eurobics
 8.00 World Skating Championships
 9.30 Motor Cycling Grand Prix of Japan
 10.30 Eurobics
 11.00 Formula 1 Motor Racing
 13.00 Cycling
 14.00 History of the Isle of Man TT Races
 15.00 Rodeo

