

BBC**Friggjadagur 24. júlí**

06.30 Breakfast from London
09.05 Showbiz People
09.35 Hartbeat
10.00 News from London
10.05 Playdays
10.25 Double Dare
10.45 The O-Zone
11.00 News from London
11.05 Antiques Roadshow
11.50 Travel Show Traveller
12.00 News from London
12.05 Summer Scene
12.55 World Weather
13.00 News from London
13.30 Impressions
13.40 Cricket & Racing
15.50 Double Dare
16.10 Five Children and It
16.45 Record Breakers
17.00 Japanese Language and People
17.30 The Travel Show
18.00 News from London
18.30 On the Line
19.00 Island of Birds
19.30 Bread
20.00 World Service News
20.30 Joker in the Pack
21.00 999
21.50 Crescent and the Star
22.20 Town Portraits
22.30 Newsnight
23.15 Cricket: 4th Test
23.55 Close

Leygardagur 25. júlí

09.00 Why don't You
09.25 Trouble Makers
09.50 Top of the Pops
10.20 On the Line
10.50 Olympic Grandstand
17.00 News from London
17.10 Fast Feasts
17.15 Olympic Grandstand
21.00 Birds of a Feather
21.30 Lovejoy
22.25 Teenage Diaries
23.15 Cricket: 4th Test
23.50 Close

Sunnudagur 26. júlí

08.00 Why don't You
08.25 Record Breakers
08.50 Olympic Grandstand
12.30 Country File
13.00 UN World
13.30 World News Week
14.00 Eastenders
15.00 The Oldest Wonder – The Pyramids
15.50 Holiday Outings
16.00 Macgregor Across Scotland
16.30 The Travel Show
17.00 Olympic Grandstand
19.00 Feelings
19.10 Casualty
20.00 World Service News
20.30 Virtual Murder
21.20 Screenplay
22.35 The Sky at Night
22.55 Olympic Grandstand
00.00 Cricket: 4th Test
00.30 Heart of the Matter
01.05 Close

Mánadagur 27. júlí

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
10.50 News from London
10.55 Olympic Grandstand

12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Under Sail
13.50 Olympic Grandstand
17.35 Olympic Grandstand
20.00 World Service News
20.30 Porridge
21.00 Keeping up Appearances
21.30 Panorama
22.10 Olympic Grandstand
23.30 Cricket: 4th Test
00.00 Close

Týsdagur 28. júlí

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
11.00 News from London
11.05 Olympic Grandstand
12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Under Sail
13.50 Olympic Grandstand
17.35 Olympic Grandstand
20.00 World Service News
20.30 Eastenders
21.00 Classic Adventure
21.30 Antenna
22.00 Olympic Grandstand
00.00 Close

Mikudagur 29. júlí

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
11.00 News from London
11.05 Olympic Grandstand
12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Disabled Lives
14.20 Olympic Grandstand
17.35 Olympic Grandstand
19.50 May to December
20.20 Fighting Back
20.50 Russ Abbot
21.20 True Adventures of Christopher Columbus
21.45 Nation
22.25 Olympic Grandstand
00.00 Cricket: Nat West Bank Trophy
00.40 Close

Hósdagur 30. júlí

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
11.00 News from London
11.05 Olympic Grandstand
12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Under Sail
13.50 Olympic Grandstand
17.35 Olympic Grandstand
20.00 Eastenders
21.00 Every Second Counts
21.30 Just Good Friends
22.00 Early Travellers in North America
22.20 Olympic Grandstand
00.00 Close

Euro Sport**Friggjadagur 24. júlí**

17.00 The Olympic Games
19.00 The Olympic Games

Leygardagur 25. júlí

19.00 The Olympic Games
00.00 The Olympic Games
02.00 Football

Sunnudagur 26. júlí

05.00 Olympic Update
05.30 The Olympic Games
06.30 Olympic Update
07.00 Cycling
08.00 Formula 1
09.00 The Olympic Games

Swimming
Shooting
Cycling
Formula 1

12.30 Formula 1
14.00 Cycling
15.30 Tennis

17.30 Eurosport News
18.00 The Olympics: Cycling
19.00 The Olympics: Boxing
20.00 The Olympics:

Swimming
Formula 1
The Olympic Club

22.00 Eurosport News 2
23.00 The Olympics: Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 The Olympics: Cycling
03.00 The Olympics: Boxing
04.00 The Olympics:

Swimming
Cycling
The Olympic Club

22.00 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Tennis
03.30 Cycling

03.30 Eurosport News 2
04.00 Tennis
05.00 Gymnastics

05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

08.30 Swimming
10.00 Gymnastics
11.00 Swimming
12.30 Olympic News

12.45 Boxing
14.30 Gymnastics
16.00 Swimming
16.30 Eurosport News

17.00 Basketball
19.00 Swimming
20.00 Football
22.00 The Olympic Club

22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Basketball
03.30 Football

Týsdagur 28. júlí

05.00 Olympic Update
05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Cycling
10.15 Rowing
11.00 Swimming
12.30 Olympic News
12.45 Tennis

16.30 Eurosport News 1
17.00 Boxing
18.30 Swimming
19.00 Swimming
20.00 Gymnastics

20.45 Judo
22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Tennis
03.30 Swimming
04.00 Swimming

Mikudagur 29. júlí
05.00 Olympic Update
05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Gymnastics
10.00 Gymnastics
Tennis
Swimming

11.00 Swimming
12.30 Olympic News
12.45 Tennis
16.30 Eurosport News 1
17.00 Cycling

19.00 Swimming
20.00 Gymnastics
Greece-Roman wrestling
Tennis

22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Tennis
03.30 Cycling

03.30 Eurosport News 2
04.00 Tennis
05.00 Gymnastics

05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Tennis
11.00 Swimming
12.30 Olympic News
12.45 Tennis

16.30 Eurosport News 1
17.00 Cycling
19.00 Swimming
20.00 Gymnastics

22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Tennis
03.30 Cycling

03.30 Eurosport News 2
04.00 Tennis
05.00 Gymnastics

05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Tennis
11.00 Swimming
12.30 Olympic News
12.45 Tennis

16.30 Eurosport News 1
17.00 Boxing
19.00 Swimming
20.00 Gymnastics

22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Tennis
03.30 Cycling

03.30 Eurosport News 2
04.00 Tennis
05.00 Gymnastics

05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Tennis
11.00 Swimming
12.30 Olympic News
12.45 Tennis

16.30 Eurosport News 1
17.00 Boxing
19.00 Swimming
20.00 Gymnastics

22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Tennis
03.30 Cycling

03.30 Eurosport News 2
04.00 Tennis
05.00 Gymnastics

05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Tennis
11.00 Swimming
12.30 Olympic News
12.45 Tennis

16.30 Eurosport News 1
17.00 Boxing
19.00 Swimming
20.00 Gymnastics

22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club

01.30 Eurosport News 2
02.00 Tennis
03.30 Cycling

03.30 Eurosport News 2
04.00 Tennis
05.00 Gymnastics

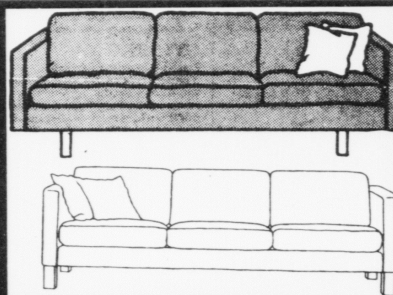
05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Tennis
11.00 Swimming
12.30 Olympic News
12.45 Tennis

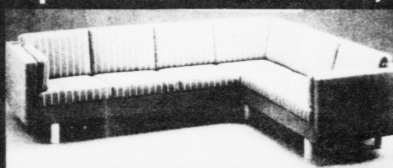
16.30 Eurosport News 1
17.00 Boxing
19.00 Swimming
20.00 Gymnastics

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Opið er:
Mánad.-friggjadag: kl. 12–17.30
Leygardag : Kl. 10–13.00

Kvinnuhúsið

Ráðgevingin hjá Kvinnuhúsinum er opin hvønn hósdag frá kl. 19.00–21.00, inngongd hjá KFUM, undir Pisuvarða 2, ella á tlf. 17200.

Kvinnuhúsið er opið gerandisdagar frá kl. 15.30–17.30. Telefonin, 17200, svarar hvønn dag frá kl. 15.30–7.00 á morgni.

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