

MTV

Frigggjadagur 24. juli	01.00 VJ Kristiane Backer
06.00 Awake on the Wildside	02.00 Night Videos
09.00 VJ Paul King	
12.00 VJ Simone	
15.00 MTV's Greatest Hits	
16.00 The MTV Coca-Cola Report	
16.15 MTV at the Movies	
16.30 MTV News at Night	
16.45 3 from 1	
17.00 Yo! MTV Raps Today	
17.30 MTV Prime	
19.00 Dial MTV	
19.30 MTV's Most Wanted	
21.00 MTV's Greatest Hits	
22.00 The MTV Coca-Cola Report	
22.15 MTV at the Movies	
22.30 MTV News at Night	
22.45 3 from 1	
23.00 VJ Kristiane Backer	
02.00 Night Videos	

Leygardagur 25. juli
07.00 Awake on the Wildside
10.00 The Big Picture
10.30 MTV's US Top 20
Video Countdown

12.30 XPO
13.00 MTV's Olympic Weekend
16.00 Yo! MTV Raps Today
17.00 Week in Rock
17.30 The Big Picture
18.00 MTV's Braun
European Top 20
20.00 Saturday Night Live
21.00 MTV's Olympic Weekend
00.00 VJ Kristiane Backer
02.00 Night Videos

Sunnudagur 26. juli
07.00 Awake on the Wildside
10.30 MTV's Braun
European Top 20
12.30 XPO
13.00 The Big Picture
13.30 MTV's Olympic Weekend
17.30 Week in Rock
18.00 MTV's US Top 20
Video Countdown
20.00 120 Minutes
22.00 XPO
22.30 Headbanger's Ball
01.00 VJ Kristiane Backer
02.00 Night Video

Mánadagur 27. juli
06.00 Awake on the Wildside
09.00 VJ Paul King
12.00 VJ Simone
14.00 MTV's Olympic Coverage
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at the Movies
16.30 MTV News at Night
16.45 3 from 1
17.00 MTV's Hit List UK
19.00 MTV's Unplugged with Paul Simon
20.00 MTV Prime
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at the Movies
22.30 MTV News at Night
22.45 3 from 1
23.00 MTV's Rock Block

Týsdagur 28. juli
06.00 Awake on the Wildside
09.00 VJ Paul King
12.00 VJ Simone
14.00 MTV's Olympic Coverage
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at the Movies
16.30 MTV News at Night
16.45 3 from 1
17.00 Yo! MTV Raps Today
17.30 MTV Prime
19.00 Dial MTV
19.30 MTV's Olympic Coverage
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at the Movies
22.30 MTV News at Night
22.45 3 from 1
23.00 MTV's Hit List UK
24.00 VJ Kristiane Backer
02.00 Night Videos

Mikudagur 29. juli
06.00 Awake on the Wildside
09.00 VJ Paul King
12.00 VJ Simone
14.00 MTV's Olympic Coverage
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at the Movies
16.30 MTV News at Night
16.45 3 from 1
17.00 Yo! MTV Raps Today
17.30 MTV Prime
19.00 Dial MTV
19.30 MTV's Olympic Coverage
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at the Movies
22.30 MTV News at Night
22.45 3 from 1
23.00 MTV's Post Modern
01.00 VJ Kristiane Backer
02.00 Night Videos

Hósdagur 30. juli
06.00 Awake on the Wildside
09.00 VJ Paul King
12.00 VJ Simone
14.00 MTV's Olympic Coverage
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at the Movies
16.30 MTV News at Night
16.45 3 from 1
17.00 Yo! MTV Raps Today
17.30 MTV Prime
19.00 Dial MTV
19.30 MTV's Olympic Coverage
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at the Movies
22.30 MTV News at Night
22.45 3 from 1
23.00 VJ Kristiane Backer
02.00 Night Videos

Euro Sport

Frigggjadagur 24. juli
17.00 The Olympic Games
19.00 The Olympic Games

Leygardagur 25. juli
19.00 The Olympic Games
00.00 The Olympic Games
02.00 Football

Sunnudagur 26. juli
05.00 Olympic Update
05.30 The Olympic Games
06.30 Olympic Update
07.00 Cycling
08.00 Formula 1
09.00 The Olympic Games
Swimming
Shooting
Cycling
12.30 Formula 1
14.00 Cycling
15.30 Tennis
17.30 Eurosport News
18.00 The Olympics: Cycling
19.00 The Olympics: Boxing
20.00 The Olympics: Swimming
21.00 Formula 1
22.00 The Olympic Club
22.30 Eurosport News 2
23.00 The Olympics: Boxing
01.00 The Olympic Club
01.30 Eurosport News 2
02.00 The Olympics: Cycling
03.00 The Olympics: Boxing
04.00 The Olympics: Swimming

Mánadagur 27. juli

05.00 Olympic Update
05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing
08.30 Swimming
10.00 Gymnastics
11.00 Swimming
12.30 Olympic News
12.45 Boxing
14.30 Gymnastics
16.00 Swimming
16.30 Eurosport News
17.00 Basketball
19.00 Swimming
20.00 Football
22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club
01.30 Eurosport News 2
02.00 Basketball
03.30 Football

Týsdagur 28. juli

05.00 Olympic Update
05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing

09.00 Cycling
10.15 Rowing
11.00 Swimming
12.30 Olympic News
12.45 Tennis
16.30 Eurosport News 1
17.00 Boxing
18.30 Swimming
19.00 Swimming
20.00 Gymnastics
20.45 Judo
22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club
01.30 Eurosport News 2
02.00 Tennis
03.30 Swimming
04.00 Swimming

Mikudagur 29. juli

05.00 Olympic Update
05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing
09.00 Gymnastics
10.00 Gymnastics
Tennis
11.00 Swimming
12.30 Olympic News
12.45 Tennis
16.30 Eurosport News 1
17.00 Cycling
19.00 Swimming
20.00 Gymnastics
Greco-Roman wrestling
Tennis
22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club
01.30 Eurosport News 2
02.00 Tennis
03.30 Cycling

Hósdagur 30. juli

05.00 Olympic Update
05.30 Eurosport News 2
06.00 The Olympic Club
06.30 Olympic Update
07.00 Rowing
09.00 Tennis
11.00 Swimming
12.30 Olympic News
12.45 Tennis
16.30 Eurosport News 1
17.00 Boxing
19.00 Swimming
20.00 Gymnastics
22.00 The Olympic Club
22.30 Eurosport News 2
23.00 Boxing
01.00 The Olympic Club
01.30 Eurosport News 2
02.00 Tennis
04.00 Swimming

Frá Heimahjálparafelag Føroya og Føroya Arbeiðarafelag

Til allar tímaløntar heimahjálparar, sum arbeiða undir gamlu lönarskipanini og fáa áheitan at siga seg úr starvi við lyfti frá leiðsluni um at verða settar av nýggjum:

Eingin heimahjálpar eigur at ganga við til hetta, tað er brot á sáttmálan, viðkomandi eiga beinanvegin at seta seg í samband við feløgin.

Heimahjálparafelag Føroya
og
Føroya Arbeiðarafelag

BBC

Frigggjadagur 24. juli
06.30 Breakfast from London
09.05 Showbiz People
09.35 Hartbeat
10.00 News from London
10.05 Playdays
10.25 Double Dare
10.45 The O-Zone
11.00 News from London
11.05 Antiques Roadshow
11.50 Travel Show Traveller
12.00 News from London
12.05 Summer Scene
12.55 World Weather
13.00 News from London
13.30 Impressions
13.40 Cricket & Racing
15.50 Double Dare
16.10 Five Children and It
16.45 Record Breakers
17.00 Japanese Language and People
17.30 The Travel Show
18.00 News from London
18.30 On the Line
19.00 Island of Birds
19.30 Bread
20.00 World Service News
20.30 Joker in the Pack
21.00 999
21.50 Crescent and the Star
22.20 Town Portraits
22.30 Newsnight
23.15 Cricket: 4th Test
23.55 Close

Leygardagur 25. juli

09.00 Why don't You
09.25 Trouble Makers
09.50 Top of the Pops
10.20 On the Line
10.50 Olympic Grandstand
17.00 News from London
17.10 Fast Feasts
17.15 Olympic Grandstand
21.00 Birds of a Feather
21.30 Lovejoy
22.25 Teenage Diaries
23.15 Cricket: 4th Test
23.50 Close

Sunnudagur 26. juli

08.00 Why don't You
08.25 Record Breakers
08.50 Olympic Grandstand
12.30 Country File
13.00 UN World
13.30 World News Week
14.00 Eastenders
15.00 The Oldest Wonder – The Pyramids
15.50 Holiday Outings
16.00 Macgregor Across Scotland
16.30 The Travel Show
17.00 Olympic Grandstand
19.00 Feelings
19.10 Casualty
20.00 World Service News
20.30 Virtual Murder
21.20 Screenplay
22.35 The Sky at Night
22.55 Olympic Grandstand
00.00 Cricket: 4th Test
00.30 Heart of the Matter
01.05 Close

Mánadagur 27. juli

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
10.50 News from London
10.55 Olympic Grandstand

12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Under Sail
13.50 Olympic Grandstand
17.35 Olympic Grandstand
20.00 World Service News
20.30 Porridge
21.00 Keeping up Appearances
21.30 Panorama
22.10 Olympic Grandstand
23.30 Cricket: 4th Test
00.00 Close

Týsdagur 28. juli

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
11.00 News from London
11.05 Olympic Grandstand
12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Under Sail
13.50 Olympic Grandstand
17.35 Olympic Grandstand
20.00 World Service News
20.30 Eastenders
21.00 Classic Adventure
21.30 Antenna
22.00 Olympic Grandstand
00.00 Close

Mikudagur 29. juli

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
11.00 News from London
11.05 Olympic Grandstand
12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Disabled Lives
14.20 Olympic Grandstand
17.35 Olympic Grandstand
19.50 May to December
20.20 Fighting Back
20.50 Russ Abbot
21.20 True Adventures of Christopher Columbus
21.45 Nation
22.25 Olympic Grandstand
00.00 Cricket: Nat West Bank Trophy
00.40 Close

Hósdagur 30. juli

06.30 Breakfast from London
08.55 Olympic Grandstand
10.00 News from London
10.05 Olympic Grandstand
11.00 News from London
11.05 Olympic Grandstand
12.00 News from London
12.05 Olympic Grandstand
12.55 World Weather
13.00 News from London
13.30 Under Sail
13.50 Olympic Grandstand
17.35 Olympic Grandstand
20.00 Eastenders
21.00 Every Second Counts
21.30 Just Good Friends
22.00 Early Travellers in North America
22.20 Olympic Grandstand
00.00 Close

Lundar

Í komandi viku og framyvir vera ísl. lundar at fáa fyri 15,- kr./stk.

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Jartráður, galvaniseraður
er á goymslu.

Ásmund Bærentsen,
Tvøroyri
Tlf. 7.1296