

EuroSport**Leygardagur 30. janúar**

- 8.00 Aerobics
- 8.30 Skírrapport
- 9.30 International Motorsport
- 10.30 Levende lerdag:
 - Skihóp
 - Skilab
 - Cykelsport
 - Motorsport
 - Direkte Skjálteb
 - Euroscores
 - Skihóp
 - Cykelsport
- 21.00 Boksníng
- 22.00 Euroscores
- 23.00 International motorsport
- 0.00 Líbúg

Sunnudagur 31. janúar

- 8.00 Aerobics
- 8.30 Euroscores
- 9.30 Skilab
- 10.30 Levende sándag
 - Direkte skihóp
 - Atletik
 - Cykelsport
 - Motorsport
- 17.00 Euroscores
- 21.00 Boksníng
- 23.00 Euroscores
- 0.00 Líbúg

MTV**Leygardagur 30. janúar**

- 2.00 YO! Countdown
- 2.30 Night Videos
- 7.00 Salute to Holland Weekend
- 10.00 The Big Picture
- 10.30 MTV's US Top 20 Video Countdown
- 12.30 XPO
- 13.30 Salute to Holland Weekend
- 15.30 YO! MTV Raps Today

- 16.30 The Real World Episodes - 5
- 17.30 The Big Picture
- 18.00 MTV's Braun European Top 20
- 20.00 Saturday Night Live
- 20.30 MTV Sports
- 21.00 The Soul of MTV
- 22.00 Partyzone

Sunnudagur 31. janúar

- 0.00 Salute to Holland Weekend
- 2.00 Night Videos
- 7.00 Salute to Holland Weekend
- 10.30 European Top 20
- 12.30 EXPO
- 13.00 The Big Picture
- 13.30 Salute to Holland Weekend
- 18.00 MTV's US Top 20 Video Countdown
- 20.00 120 Minutes
- 22.00 XPO
- 22.30 Headbanger's Ball

BBC**Leygardagur 30. janúar**

- 0.15 World Service News
- 0.25 Newsnight
- 1.00-8.00 World Service News every full hour
- 1.25 Mastermind 3:17
- 2.25 Newsnight
- 3.25 Kilroy: «Depression»
- 4.25 Network East Extra
- 5.25 Film '93 with Barry Norman
- 6.25 Germany means Business: «Black Forest Magic» 4:5
- 7.25 The late Show
- 8.25 Public Eye: «Alternative Medicine - Trick or Treatment?»
- 9.00 Playdays: «The Tent Stop»
- 9.20 Opposites Attract: «Black and White or Coloured?» 1:10
- 9.30 Melvin and Maureen's Music-A-Grams 4:13
- 9.45 Return of the Psalmers 4:6
- 10.10 Blue Peter
- 10.35 Hangar 173:10
- 11.00 Top of the Pops

- 11.30 Tomorrows World
- 12.00 Crufts '93: «Supreme Champion» 3:5
- 12.30 Front Gardens: «1930's Semi Garden» 4:6
- 13.00 Grandstand
- 17.15 News from London and Weather
- 17.30 World News Week
- 18.00 Your best Shot 4:5
- 18.50 Love Hurts: «Band of Gold» 5:10
- 19.40 Casualty: «Getting Involved»
- 20.30 Jools Holland 2:6
- 21.25 Fine Cut: «In the Land of the Deaf» 1:9
- 23.00 Sportsnight
- 23.25 Food and Drink

Sunnudagur 31. janúar

- 0.00-7.00 World Service News every full hour
- 0.25 World News Week
- 1.10 Assignment: «Europe on the Brink - War with America» 3:3
- 2.25 Film '93 with Barry Norman
- 3.25 Kilroy: «Dirty Tricks»
- 4.25 Public Eye: «Alternative Medicine - Trick or Treatment?»
- 5.25 A Question of Sport
- 6.25 The Name of the Room: «The Electronic Cottage» 4:4
- 7.25 The late Show
- 8.00 Radio Roo: «The Jumble Sale» 4:13
- 8.15 Breakfast with Frost
- 9.15 You and Me: «Emergency!»
- 9.25 Bitsa: «Mountainous Bits» 4:13
- 9.40 Maid Marian and her merry Men: «They came from outer Space» 4:6
- 10.05 Blue Peter
- 10.30 Country File
- 10.55 Songs of Praise: «St. Anns, Belfast»
- 11.30 Career ahead
- 12.00 Network East Extra
- 12.30 World News Week
- 13.00 News from London
- 13.05 On the Record
- 14.00 Eastenders Omnibus
- 15.00 Name of the Room: «The Electronic Cottage» 4:4
- 15.40 Choir of the Year: «4th Quarter Final» 4:7
- 16.20 Antiques Roadshow: «Chesterfield» 4:12
- 17.05 Dr. Who: «Tom Baker in: Genesis of the Daleks» 4:6
- 17.30 The Clothes Show
- 17.55 Holiday 4:14
- 18.25 That's Showbusiness 4:13
- 18.55 News from London

- 15.15 The Magic Hare (Jackanory) 1:3
- 15.30 Maid Marian and her merry Men: «They came from outer Space» 4:6
- 15.55 Grange Hill
- 16.20 The strange affair of... «The Domsday Prophecies» 4:5
- 16.50 Catchword
- 17.20 Reportage 4:14
- 18.00 Six O'Clock News and Weather
- 18.30 Network East Extra
- 19.00 Eldorado
- 19.30 Tomorrows World
- 20.00 As Times go by 4:7
- 20.30 So haunt me 4:6
- 21.00 Arena: «Graham Greene Trilogy: England made Me» 1:3
- 22.00 World Service News
- 22.30 World Business Report
- 23.00 Behind the Headlines
- 23.30 Newsnight

Týsdagur 2. febrúar

- 0.15 Asia Today
- 0.25 Newsnight
- 1.00-6.00 World Service News every full hour
- 1.15 Panorama
- 2.15 Asia Today
- 2.25 Newsnight
- 3.25 QED: «The Love Laboratory»
- 4.25 Mastermind 3:17
- 5.25 The Clothes Show
- 6.30 Business Breakfast
- 7.00 Breakfast News from London
- 9.05 Kilroy
- 9.45 Ross King
- 10.00 News from London
- 10.05 Playdays: «The Why-Bird Stop»
- 10.30 Good Morning with Anne and Nick
- 11.00 News from London
- 11.05 Good Morning with Anne and Nick
- 12.00 News from London

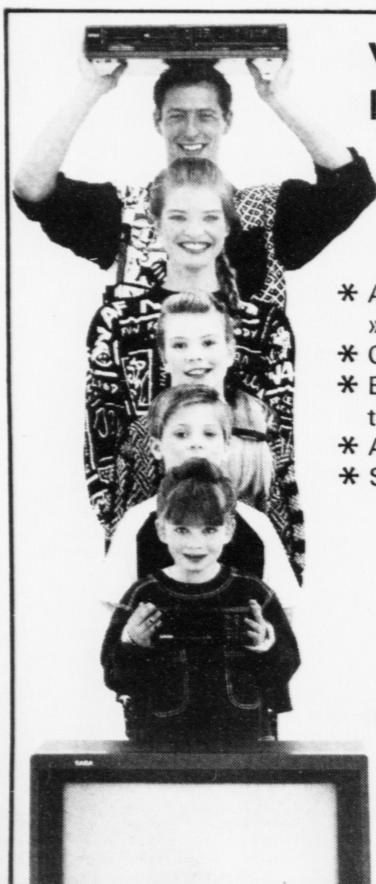
TV3**Leygardagur 30. janúar**

- 7.00 Hanna-Barbera Hour
- 8.00 Smólkarnir
- 8.30 Turtles
- 16.00 Frammanundan Superbowl-finalun
- 17.00 Tennis: Australia Open
- 17.30 Chip og Chap
- 17.55 Tíðindi
- 18.00 Simpsons
- 18.30 Dinosaurs

- 19.00 James Bond: Goldfinger
- 21.05 Tíðindi
- 21.10 Against The Law
 - Mac Heath verjir eina ríka kvinnu í einum máli, og hann lærnir nógv um kvinnur af hösúm.
- 22.05 Tennis: Australia Open
- 22.35 Night, Mother
 - Ameríkanskur flmur frá 1986 við Sissy Spacek og Anne Bancroft í hævðsleiklutunum. Jessie Cates ætlar sær at gera sjálf-morð. Hon hefur umhugað hetta gjölla og veit hvussu hon skal gera. Hon ruddar nú upp í øllum, hon eigur, og hugsar um liv sítt. So er tíðin komin at siga mammuni frá. Mamman Thelma fær at vita, at hennara egna barn onga meining sær við livinum, og hetta kann hon ikki góttaka...



0.15 McCall
1.15 Líbúg



Við einum leigusáttmála frá DER tryggjar tú tær:

- * Altíð eitt annað tól, um »títt« verður umvælt
- * Ongar eykaútreiðslur
- * Bestu og skjótastu tænastru
- * Altíð frían umbýtisrætt
- * Sáttmála í 6 og 12 mðr.

Umframt okkara egnu umvæla vit eisini onnur tól.



DER VIDEO HI-FI-TV

Niels Finsensgøta 12 - Tlf. 151 32
hefur sjónvørp til leigu

Mánadagur 1. febrúar

- 0.00-6.00 World Service News every full hour
- 0.15 Asia Today
- 0.25 The Money Programme
- 1.25 Germany means Business «Black Forest Magic» 4:5
- 2.15 Asia Today
- 2.25 On the Record
- 3.25 Food and Drink
- 4.25 The strange Affair of... «The Glas-tonbury Legends» 2:5
- 5.25 Kilroy: «Menopausal Mothers»
- 6.30 Business Breakfast
- 7.00 Breakfast News from London
- 9.05 Kilroy
- 9.45 Ross King
- 10.00 News from London
- 10.05 Playdays: «The Playground Stop»
- 10.30 Good Morning with Anne and Nick
- 11.00 News from London
- 11.05 Good Morning with Anne and Nick
- 12.00 News from London
- 12.05 Good Morning with Anne and Nick
- 12.15 Pebble Mill
- 12.55 World Weather
- 13.00 One O'Clock News and Weather
- 13.30 Film '93 with Barry Norman
- 14.00 World Service News and Weather
- 14.30 Off the Back of a Lorry 2:6
- 15.00 Radio Roo: «The Jumble Sale» 4:13