

16.30 White Fang
17.00 Pugnall
17.30 Bjargabur af klökkuni
18.00 Fíma
19.00 Líbúgt

Sky One

Fríggjadagur 12. mars

6.00 D. J. Kat: Fyrir bær
9.30 Gameshow
10.00 Gameshow
10.30 Glamour
11.00 Teenagers
12.00 Falcon Crest
13.00 E Street
13.30 Ein onnur verð
14.20 Santa Barbara
14.45 Maude
15.15 New Leave It to Beaver
15.45 D. J. Kat Show
17.00 Star Trek
18.00 E Street
19.00 Alf
19.30 Bær hjá blomsturbænum
20.00 Code 3
20.30 Alien Nation
21.30 WWF Wrestling
22.30 Studs
23.00 Star Trek

Leygardagur 13. mars

6.00 Danger Bay
6.30 Elefantdrögnin
7.00 Fun Factory – Barnasending
12.00 Barnaby Jones
13.00 Tveir bræður
14.15 Greenacres
14.45 Facts of Life
15.15 Teknifilmur
16.00 The Dukes of Hazzard
17.00 Wrestling
18.00 Knights & Warriors
19.00 UK Top 40
20.00 Oloystargátur
21.00 Cops I
21.30 Cops II
22.00 All-American Wrestling
23.00 Saturday Night Live
0.00 Líbúgt

Sunnudagur 14. mars

6.00 Hour of Power
7.00 Fun Factory – Barnasending
11.30 Heimurinn í morgin
12.00 Lost in Space
13.00 UK Top 40
14.00 Trapper John
15.00 Eight is enough
16.00 Robin of Sherwood
17.00 All-American Wrestling
18.00 Growing Pains
18.30 Simpsons
19.30 21 Jump Street
20.30 7 – Sendiræð
22.30 Entertainment Tonight
23.30 Fashion TV
0.00 Líbúgt

Mánadagur 15. mars

6.00 D. J. Kat – Fyrir bær
9.30 Gameshow
10.00 Gameshow
10.30 Glamour
11.00 Teenagers
12.00 Falcon Crest
13.00 E Street
13.30 Ein onnur verð
14.20 Santa Barbara
14.45 Maude
15.15 Leave It to Beaver
15.45 D. J. Kat Show
17.00 Star Trek
18.00 Rescue
18.30 E Street
19.00 Alf
19.30 Bær hjá blomsturbænum
20.00 Parker Lewis
20.30 7 – Sendiræð
22.30 Studs
23.00 Star Trek
0.00 Líbúgt

Týsdagur 16. mars

6.00 D. J. Kat – Fyrir bær
9.30 Gameshow
10.00 Gameshow
10.30 Glamour
11.00 Teenagers
12.00 Falcon Crest
13.00 E Street
13.30 Ein onnur verð
14.20 Santa Barbara
14.45 Maude
15.15 Leave It to Beaver
15.45 D. J. Kat Show
17.00 Star Trek

18.00 Rescue
18.30 E Street
19.00 Alf
19.30 Bær hjá blomsturbænum
20.00 Seinfeld
20.30 Anything but Love
21.00 Murphy Brown
22.30 Gabriela Fire
23.00 Studs
23.00 Star Trek

Mikudagur 17. mars

6.00 D. J. Kat – Fyrir bær
9.30 Gameshow
10.00 Gameshow
10.30 Glamour
11.00 Teenagers
12.00 Falcon Crest
13.00 E Street
13.30 Ein onnur verð
14.20 Santa Barbara
14.45 Maude
15.15 New Leave It to Beaver
15.45 D. J. Kat Show
17.00 Star Trek
18.00 Rescue
18.30 E Street
19.00 Alf
19.30 Bær hjá blomsturbænum
20.00 S. I. B. S.
20.30 The Round Table
21.30 Hill Street
22.30 Studs
23.00 Star Trek

Hósdagur 18. mars

6.00 D. J. Kat – Fyrir bær
9.30 Gameshow
10.00 Gameshow
10.30 Glamour
11.00 Teenagers
12.00 Falcon Crest
13.00 E Street
13.30 Ein onnur verð
14.20 Santa Barbara
14.45 Maude
15.15 New Leave It to Beaver
15.45 D. J. Kat Show
17.00 Star Trek
18.00 Rescue
18.30 E Street
19.00 Alf
19.30 Bær hjá blomsturbænum
20.00 Full House
20.30 Melrose Place
21.30 Chances
22.30 Studs
23.00 Star Trek

MTV

Fríggjadagur 12. mars

2.00 Night Videos
6.00 Awake on The Wildside
9.00 VJ Paul King
12.00 VJ Simone
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at The Movies
16.30 MTV News at Night
16.45 3from1
17.00 Boys II Men Special
17.30 MTV Prime
19.00 Dial MTV
19.30 MTV's Most Wanted
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at The Movies
22.30 MTV News at Night
22.45 3from1
23.00 VJ Kristiane Backer

Leygardagur 13. mars

0.30 VJ Kristiane Backer
2.00 Night Videos
7.00 Prince Weekend
10.00 The Big Picture
10.30 YO! MTV Raps
12.30 XPO
13.30 The Pulse with Swatch
13.30 Prince Weekend
16.30 Week in Rock
17.00 The Real World
17.30 The Big Picture
18.00 MTV's Braun European Top 20
20.00 Saturday Night Live Vintage
20.30 MTV Sports
21.00 The Soul of MTV
22.00 Partyzone

Sunnudagur 14. mars

0.00 Prince Weekend
2.00 Night Videos
7.00 Prince Weekend

10.00 Week in Rock
10.30 European Top 20
12.30 XPO
13.00 The Big Picture
13.30 Prince Weekend
17.00 The Pulse with Swatch
17.30 Week in Rock
18.00 MTV's US Top 20 Video Countdown
20.00 120 Minutes
22.30 XPO
23.00 Headbanger's Ball

Mánadagur 15. mars

1.00 VJ Kristiane Backer
2.00 Night Videos
6.00 Awake on The Wildside
9.00 VJ Kristiane
12.00 VJ Simone
14.00 The Soul of MTV
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at The Movies
16.30 MTV News at Night
16.45 3from1
17.00 MTV's Hit List UK
19.30 MTV Unplugged with Arrested Development - Simulcast
20.00 MTV Prime
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at The Movies
22.30 MTV News at Night
22.45 3from1
23.00 MTV's Rock Block

Týsdagur 16. mars

1.00 VJ Kristiane Backer
2.00 Night Videos
6.00 Awake on The Wildside
9.00 VJ Paul King
12.00 VJ Simone
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at The Movies
16.30 MTV News at Night
16.45 3from1
17.00 MTV Sports
17.30 MTV Prime
19.00 Dial MTV
19.30 MTV's Most Wanted
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at The Movies
22.30 MTV News at Night
22.45 3from1
23.00 MTV's Hit List UK

Mikudagur 17. mars

1.00 VJ Kristiane Backer
2.00 Night Videos
6.00 Awake on The Wildside
9.00 VJ Paul King
12.00 VJ Simone
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at The Movies
16.30 MTV News at Night
16.45 3from1
17.00 The Real World
17.30 MTV Prime
19.00 Dial MTV
19.30 MTV's Most Wanted
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at The Movies
22.30 MTV News at Night
22.45 3from1
23.00 MTV's Post Modern

Hósdagur 18. mars

1.00 VJ Kristiane Backer
2.00 Night Videos
6.00 Awake on The Wildside
9.00 VJ Paul King
12.00 VJ Simone
15.00 MTV's Greatest Hits
16.00 The MTV Coca-Cola Report
16.15 MTV at The Movies
16.30 MTV News at Night
16.45 3from1
17.00 Dance
17.30 MTV Prime
19.00 Dial MTV
19.30 MTV's Most Wanted
21.00 MTV's Greatest Hits
22.00 The MTV Coca-Cola Report
22.15 MTV at The Movies
22.30 MTV News at Night
22.45 3from1
23.00 VJ Kristiane Backer

EuroSport

Fríggjadagur 12. mars

7.30 Step Aerobics

8.00 Hestaitróttur: Volvo show-
lop
9.00 Skifrágreiðing
10.00 Transworld Sport úr öllum
heiminum
11.00 Beinleibla motortróttur: For-
mel 1 - Test - Subaríka
12.00 Kuvabóttur: EM fyrir líð -
kvartínalúr
13.30 Listaköyting: beinleibla HM
kvinnur teknísk - Prag
16.00 Alþjóða motortróttur
17.00 Motortróttur: Formel 1 - test -
Subaríka
18.00 Eurosportnytt
18.15 Beinleibla listaköyting: HM
íadanur - Inrenning - Prag
20.30 Hondabóttur: HM - Noreg mót
Fraklandi - Sveríki
22.00 Frálsur ítróttur: HM inn-
dura - Toronto
1.15 Líbúgt

Leygardagur 13. mars

7.30 Alþjóða motortróttur
8.30 Lívaldi leygardagur: ski-
frágreiðing
9.30 Beinleibla skirenning: World
Cup - renning - Noreg
11.00 Beinleibla motortróttur:
Formel 1 - Subaríka
12.00 Skirenning: World Cup - ren-
ning - Spania
13.00 Beinleibla listaköyting: HM
kvinnur - Prag
15.30 Skirenning: World Cup - Norð-
urlands- kvinnur 4x5 km -
Noreg
16.30 Skirenning: World Cup - Free-
style - Eysturriki
17.00 Skirenning: World Cup
Motortróttur: Formel 1 - tíðar-
köyting - Subaríka
19.00 Beinleibla frálsur ítróttur:
HM innadura - Toronto
21.00 Hondabóttur: HM - Rúsland
mót Týsklandi - Sveríki
22.00 Boksing
23.00 Motortróttur: Formel 1 - tíðar-
köyting - Subaríka
0.00 Frálsur ítróttur: HM - inn-
adura - Toronto
1.30 Líbúgt

Sunnudagur 14. mars

7.30 Lívaldi sunnudagur
Frálsur ítróttur:
HM - innadura - Toronto
8.30 Beinleibla skirenning: World
Cup - kvinnur - slalom - Noreg
9.00 Beinleibla skirenning: World
Cup - menn slalom - Spania
10.00 Transworld Sport úr öllum
heiminum
11.00 Beinleibla skirenning: World
Cup - kvinnur slalom - Noreg
12.00 Beinleibla motortróttur:
Formel 1, Grand Prix - Subaríka
14.00 Beinleibla listaköyting: HM
Galla - Prag
16.00 Skílop: World Cup - Noreg
Skiðing: París - Níoe - finala
17.00 Skirenning: World Cup - menn
- slalom - Spania
18.00 Beinleibla frálsur ítróttur:
HM innadura - Toronto
19.00 Skirenning: World Cup - Norð-
urlands- 30 km menn -
Finland
Tennis: ATP-kapping kvinnur -
Eysturriki
21.30 Motortróttur: Formel 1 GP -
Subaríka
23.30 Boksing
0.00 Líbúgt

Mánadagur 15. mars

7.30 Step Aerobics
8.00 Beinleibla skirenning: World
Cup - kvinnur - Slótslalom -
Noreg
10.30 Alþjóða motortróttur
Beinleibla skirenning: World
Cup - kvinnur - Slótslalom -
Noreg
11.30 Listaköyting - HM - Prag
13.00 Skílop: World Cup - Noreg
16.00 Motortróttur: Formel 1 GP -
Subaríka
17.00 Hondabóttur: HM - Sveríki
18.00 Eurofun
18.30 Eurosportnytt
19.00 Skirenning: World Cup - Free-
style - Eysturriki
20.00 Hondabóttur: HM - Sveríki
21.00 Eurogoals: Fotbóttur
22.00 Boksing

23.00 Kickboksing
0.00 Eurosportnytt
0.30 Líbúgt

Týsdagur 16. mars

7.30 Step Aerobics
8.00 Skirenning: World Cup -
kvinnur - slótslalom - Noreg
9.00 Skirenning: World Cup menn -
Spania
10.00 Skílop: World Cup - Noreg
11.00 Hondabóttur: HM - Sveríki
12.00 Eurogoals: Fotbóttur
13.00 Listaköyting: HM - Prag
15.00 Skirenning: World Cup - Free-
style - Eysturriki
16.00 Windsurfing: Swatch Super
Fundor Event
17.00 Eurogoals: Fotbóttur
18.00 Eurofun
18.30 Eurosportnytt
19.00 Hondabóttur: HM - Sveríki
21.00 Boksing
22.00 Kickboksing
23.00 Skílop - World Cup - Noreg
0.00 Eurosportnytt
0.30 Líbúgt

Mikudagur 17. mars

7.30 Step Aerobics
8.00 Windsurfing - Swatch Super
Fundor Event
9.00 Frálsur ítróttur: HM - inn-
adura - Toronto
11.00 Eurogoals: Fotbóttur
12.00 Hondabóttur: HM - Sveríki
13.00 Listaköyting: HM - Prag
15.00 Íslenska: Andros Trolaet
16.00 Karate úr Fraklandi
Kuvabóttur: Ameríkans
College mestarskap - East
Conference - Championship
18.30 Eurosportnytt
19.00 Fimleikur: Alþjóða stevna -
Fraklandi
21.00 Motortróttur: Formel 1 GP -
Subaríka
22.00 Fotbóttur: Europa Cup
0.00 Eurosportnytt
0.30 Líbúgt

Hósdagur 18. mars

7.30 Step Aerobics
8.00 Skirenning: World Cup - Free-
style - Eysturriki
9.00 Frálsur ítróttur: HM - inn-
adura - Toronto
11.00 Fotbóttur: Europa Cup
13.00 Motortróttur: Formel 1 GP -
Subaríka
14.00 Kuvabóttur: Ameríkans
College mestarskap - East
Conference
15.30 Hestaitróttur: Volvo Showlo-
p - Dortmund
16.30 Skifrágreiðing
17.30 Transworld sport úr öllum
heiminum
18.30 Eurosportnytt
19.00 Hondabóttur: HM - Sveríki
21.00 Fotbóttur: Europa Cup
22.30 Kuvabóttur: EM fyrir líð -
kvartínalúr
0.00 Eurosportnytt
0.30 Líbúgt

BBC

Fríggjadagur 12. mars

0.15 Asia Today
0.25 Newsnight
1.00-6.00 World Service News
every full hour
1.25 Question Time
2.15 Asia Today
2.25 Newsnight
3.15 Asia Today
3.25 Top Gear
4.25 Film '93 with Barry Norman
5.25 Kilroy
6.30 Business Breakfast
7.00 Breakfast News from Lon-
don
9.05 Kilroy
9.45 Ross King
10.00 News from London
10.05 Playdays: »The Patch Show«
10.30 Good Morning with Anne
and Nick
11.00 News from London
11.05 Good Morning with Anne
and Nick
12.00 News from London
12.05 Good Morning with Anne
and Nick
12.15 Pebble Mill
12.55 World Weather

13.00 One O'Clock News and
Weather
13.30 Question Time
14.00 World Service News and
Weather
14.30 Earthfile
14.35 Mastermind 8.17
15.05 Bits: »Bits of Transport«
10.13
15.20 Teenage Mutant Hero Tur-
tles 8.13
15.45 Comic Relief
17.00 Newsround
17.05 Blue Peter
17.30 Top of the Pops
18.00 Six O'Clock News and
Weather
18.30 Side by Side
19.00 Comic Relief
22.00 Comic Relief
23.25 Newsnight

Leygardagur 13. mars

0.15 Comic Relief
2.30 Newsnight
3.00-8.00 World Service News
every full hour
3.25 Kilroy: »Child Murder«
4.25 Network East Extra
5.25 Film '93 with Barry Norman
6.25 How do you Manage? 5.6
7.25 The late Show
8.25 Public Eye
9.00 Superbuds: »Skin« 7.9
9.15 Radio Roo: »UXB« 10.13
9.30 Melvin and Maureen's Mus-
ic-A-Grange: »Supa Dupa
Man« 10.13
9.45 Century Falls 4.6
10.10 Blue Peter
10.35 Hangar 17 9.10
11.00 Top of the Pops
11.30 Tomorrow's World
12.00 Top Gear 3.16
12.30 Gardener's World
13.00 Holiday Outings: »Austra-
lia«
13.10 Grandstand
17.15 News from London
Skiing Snow Reports
17.25 World News Week
17.55 Reportage 10.14
18.35 A Year in Provence: »Bonne
Annee Mr. Mayle« 1.12
19.05 Natural World: »Journey to
the dark Heart«
19.55 Drama: »The Mushroom
Picker« 2.3
20.55 Casualty: »Bolling Point«
21.45 Sport '93
23.25 Food and Drink

Sunnudagur 14. mars

0.00-7.00 World Service News
every full hour
0.25 World News Week
1.10 Assignment
2.25 Film '93 with Barry Norman
3.25 Kilroy
4.25 Public Eye
5.25 A Question of Sport
6.25 Network East Extra
7.25 The late Show
8.00 Six Faces of Royalty: »Hen-
ry VIII - the most goodiest
King« 1.6
8.15 Breakfast with Frost
9.15 You and Me: »Stop Go«
9.30 Bits: »Bits of Transport«
10.13
9.45 Dizzy Heights: »Not a Leg to
stand on« 4.7
10.10 Blue Peter
10.35 Country File
11.00 Village Parade: »Wales« 2.6
11.30 UN World
12.00 Network East Extra
12.30 World News Week
13.00 News from London
13.05 On the Record
14.00 Eastenders Omnibus
15.00 Forty Minutes: »Mart and
Mandy«
15.40 Assignment: »Russia's lost
Soul« 3.8
16.25 Antiques Roadshow: »Kens-
ington« 10.12
17.10 Dr. Who: »Peter Davidson in
the Caves of Androzani« 3.4
17.35 The Clothes Show
18.00 Holiday 10.14
18.30 That's Showbusiness 10.13
19.00 News from London
19.15 Birds of a Feather: »Sweet
smell of Success« 2.8
19.45 That's Life
20.25 Drama: »Dead Romantic«