

TV3**Fríggjaskvöldið kl. 20.00:****The Trial of the Incredible Hulk**

Am. filmur frá 1989. Granskarin David Banner er aftur rýmdur og roynir aftur at sleppa undan at vera – Hulkurinn. Ein dagin, hann kemur koyrandi, kemur hann fram á ein brotsmann, ið ger seg inn á okkurt. Hann broytir seg til Hulkinn aftur. David verður aftur fongslaður, men fær vitjan av einum blindum advokati, ið lovar at hjálpa honum.

Fríggjaskvöldið kl. 21.55:**Eros International**

Hvussu er við eroti? sum úti í verðini. Er hetta meira eitt tabu-ævni í Bretlandi enn í Fraklandi? Vit skulu vitja í Italia, Spania, Fraklandi og ongum øðrum londum...

Leygardagin kl. 16.00:**Monkey's Uncle**

Am. Disneyfilmur frá 1965. Unglingurin Merlin Jones roynir hesa ferð sovi-heilivág upp á apur, og setur seg síðani í eina flúgvandi maskinu...

Sunnudagin kl. 17.00:**Torkelsons 2**

Eftir at Molly koyrir bilin hjá teimum beint í húsaveggin og inn í sovikamarið, eru Dorothy Jane og Molly um at ganga hvør aðrari upp á nervarnar, tí tær noyðast at hava sama kamar.

BBC**Fríggjadagur 8. juli**

0.10 World Service News
0.25 World Business Report
1.00–5.00 World Service News every full hour
1.25 Newsnight
2.25 World Business Report
3.25 Newsnight
4.25 Top Gear
5.25 Antenna
6.00 Business Breakfast
7.00 Breakfast News
9.05 Explorers 9:10
10.00–12.00 News from London
10.05 Playdays
10.25 Look Stranger: »By Hammer and Hand«
10.40 The Collectors: »Butterflies«
11.05 Ascent of Man
12.05 Pebble Mill
12.55 World Weather
13.00 One O'Clock News
13.30 Summer Holiday 5:7
14.00 World Service News
14.30 Open Space: »Four Colours Green« 4:10
15.00 Telling Tales 1:10
15.15 The House of Gristle 8:9
15.40 Blue Peter Compilation: »Hungarian Rhapsody«
16.05 Grange Hill
16.35 Top Gear: »Ferrari – the Italian Legend«
17.05 A Taste of Health: »Outdoor Cooking«
17.30 Going for Gold
17.55 World Weather
18.00 Six O'Clock News
18.30 Top of the Pops
19.00 That's Showbusiness
19.30 Birds of a Feather: »Sailing«
20.00 The Magnetically titled Punt and Dennis Show 1:6
20.30 Hypotheticals 1:3

21.30 Naked Video 2:3
22.00 World Service News
22.30 Cats 2:5
23.00 World Service News
23.25 Newsnight

Leygardagur 9. juli

0.10 World Service News
0.25 How do you Manage? 6:6
1.00–8.00 World Service News every full hour
1.25 Newsnight
2.25 How do you Manage? 6:6
3.25 Newsnight
4.25 Kilroy: »Prisoners abroad«
5.25 Tracks 5:10
6.25 Antenna: »The Maguire's/Forensic Science on Trial«
7.25 How do you Manage? 6:6
8.25 The late Show
9.00 Spacecats: »A Matter of Life and Death«
9.35 Uncle Jack and the dark Side of the Moon: »The Vixen Strikes« 3:6
9.40 Blue Peter in Argentina 1:3
10.05 Byker Grove
10.30 The O-Zone
10.45 Impressions: »The old Rectory«
10.55 Grandstand: »Cricket/Football«
19.00 News from London
19.10 World News Week
19.40 Pop Quiz 8:8
20.10 Screenplay: »Fair Game«
22.00 Red Dwarf: »White Hole« 4:6
22.30 Omnibus: »Every Inch a King«
23.30 The late Show

Sunnudagur 10. juli

0.00 World Cup Grandstand - Highlights
0.50 Cricket - Highlights

Sunnudagin kl. 22.30:**Great Crimes & Trials**

Í try á gekk Albert DeSalvo í gøtunum í Boston og framdi fleiri morð. Hann hevði ongantíð verið fangaður, um hann ikki hevði sagt einum øðrum frá øllum...

Mánadagin kl. 20.00:**Freedom Road**

Am. filmur frá 79 í tveimum þörtum við Muhammed Ali og Kris Kristofferson í høvuðsleiklutunum. Hetta er søgan um endurreisnina í USA um 1865 til 1876, aðrenn borgarakrigið. Í miðdeplinum stendur Gideon Jackson, sum verður valdur inn í senatið, samstundis sum hann leiðir fólk sítt aftur til frælsið.

Mikukvöldið kl. 20.05:**The Image**

Am. sjónvarpsfilmur frá 90. Hjá einum sjónvarpsmanni eru tað bert hyggjaratøl, ið telja... kosta hvat tað vil. Hetta heldur hann í hvussu so líka til hann sjálvur endar í einari gølu...

Hóskvöldið kl. 23.00:**Adam 12**

Grant verður illtonktur fyri at hava givið einum hjálparmanni narkotika og ein unglingi rýmir frá arbeiði sínum. Greiða Matt og Gus hesar trupulleikar sjálvir?

Mánadagur 11. juli

0.00–5.00 World Service News every full hour
0.25 World Business Report
1.25 The Money Programme
2.25 World Business Report
3.25 Britain in View: »Village Voices«
4.25 The Money Programme
5.25 Floyd on France: »Farewell to France«
6.00 Business Breakfast
7.00 Breakfast News
9.05 Explorers 6:10
10.00 News from London
10.05 Playdays
10.25 Gordon the Gopher: »Burrows«
10.35 Growing up wild: »Cats« 1:10
11.00 News from London
11.05 Ascent of Man
12.00 News from London
12.05 Pebble Mill
12.55 World Weather
13.00 One O'Clock News
13.30 Boswall's Wildlife Safari to Thailand: »A Change for Change« 5:6
14.00 World Service News
14.30 Computing for the less tech-savvy 4:7
15.00 You and Me
15.15 Run the Risk 1:12
15.35 Activ-86-8
16.00 Really wild Show
16.25 Sea Challenge
17.10 Sky at Night
17.30 Going for Gold
17.55 World Weather
18.00 Six O'Clock News
18.30 Birthrights: »Crossing the Tracks« 4:6
19.00 The Travel Show
19.30 Paramedics: »Ladies Night« 2:7
20.00 Eastenders - 1.000th Episode
20.30 All Night long 1:6
21.00 Inside Story 5:6
21.50 Holiday Outings: »India«
22.00 World Service News
22.30 World Business Report
23.00 World Service News
23.25 Newsnight

Týsdagur 12. juli

0.10 World Service News
0.25 World Business Report
1.00–5.00 World Service News every full hour
1.25 Newsnight
2.25 World Business Report
3.25 Newsnight
4.25 Open Space: »Poor Clares, rich lives« 5:10
5.25 Tales from the Map Room: »On the Road« 4:6
6.00 Business Breakfast
7.00 Breakfast News
9.05 Explorers 9:10
10.00–12.00 News from London
10.05 Playdays
10.25 Gordon the Gopher: »The Dinner Suit«
10.35 Growing up wild: »Apes and Monkeys« 2:10
11.05 Ascent of Man
12.05 Pebble Mill
12.55 World Weather
13.00 One O'Clock News
13.30 The Business: »Bill Kenwright presents«
14.00 World Service News
14.30 Woodridge on Whisky 4:4
15.00 Words and Pictures
15.15 Storytime
15.30 Incredible Games
15.55 Blue Peter in Argentina: »Water, God and Fire« 2:3
16.20 The Movie Game
16.45 The O-Zone
17.00 Gardeners World
17.30 Going for Gold
17.55 World Weather
18.00 Six O'Clock News
18.30 Rhodes around Britain: »Aberdeen« 5:6
19.00 Steptoe and Son: »The Lead Man Cometh«
19.30 Eastenders
20.00 Voyager: »Big City Messengers« 1:12
20.50 Room 101: »Ian Hislop« 2:8
21.00 Panorama Special
22.00 World Service News
22.30 World Business Report
23.00 World Service News
23.25 Newsnight

Mikudagur 13. juli

0.10 World Service News
0.25 World Business Report
1.00–5.00 World Service News every full hour
1.25 Newsnight
2.25 World Business Report
3.25 Newsnight
4.25 3D
5.25 Holiday
6.00 Business Breakfast
7.00 Breakfast News
9.05 Explorers 8:10
10.00–12.00 News from London every full hour
10.05 Playdays
10.25 Gordon the Gopher: »Gordon goes to Hollywood«
10.35 Growing up wild: »Whales, Dolphins and Sharks«
11.05 Ascent of Man
12.05 Pebble Mill
12.55 World Weather
13.00 One O'Clock News
13.30 Rhodes around Britain: »Cornwall« 6:6
14.00 World Service News
14.30 Over the Edge: »The Wannabes« 1:6
15.00 Forget-me-not-Farm: »Prize-days«
15.15 Storytime
15.30 The really wild Guide to Britain 1:6
16.05 Byker Grove
16.30 Pop Quiz 8:8
17.00 Bird in the Nest - Compilation
17.30 Going for Gold
17.55 World Weather
18.00 Six O'Clock News
18.30 Summer Holiday 6:7
19.00 Last of the Summer Wine: »Getting on Sydney's Wire«
19.30 Private Investigations 5:6
20.00 Chandler & Co.: »On the Job« 1:6
20.50 World Cup Grandstand - Semi Finals
23.05 Small Objects of Desire: »The Lightbulb«
23.25 Newsnight

Hósdagur 14. juli

0.10 Cricket - Highlights
1.00–5.00 World Service News every full hour
1.25 Newsnight
2.25 World Business Report
3.25 Newsnight
4.25 Open Space: »Poor Clares, rich lives« 5:10
5.25 Tales from the Map Room: »On the Road« 4:6
6.00 Business Breakfast
7.00 Breakfast News
9.05 Explorers 9:10
10.00–12.00 News from London
10.05 Playdays
10.25 Gordon the Gopher: »The Burglar Alarm«
10.35 Growing up wild: »Apes and Monkeys« 2:10
11.05 Ascent of Man
12.05 Pebble Mill
12.55 World Weather
13.00 One O'Clock News
13.30 One Foot in the Past 5:10
14.00 World Service News
14.30 Golf
16.00 Melvin and Maureen's Music-A-Gram: »The Wiggle«
16.15 Spacecats: »The Love Ship«
16.30 Record Breakers
16.55 Uncle Jack and the dark Side of the Moon 4:6
16.10 Record Breakers
17.20 Last Summer: »Diary of a Debutante«
17.30 Going for Gold
17.55 World Weather
18.00 Six O'Clock News
18.30 On the Line: »Disability and Dollars« 2:8
19.00 Country File 11:12
19.30 Eastenders
20.00 Heretic - Linus Pauling 2:6
20.30 Crime Limited 2:8
21.00 Tracks 9:10
21.30 Rab C. Nesbitt: »Rich« 3:6
22.00 World Service News
22.30 World Business Report
23.00 World Service News
23.25 Newsnight

Fríggjadagur 15. juli

0.10 Golf - Highlights
0.50 Holiday Outings: »India«
1.00–5.00 World Service News every full hour

1.25 Newsnight
2.25 World Business Report
3.25 Newsnight
4.25 Top Gear
5.25 Antenna: »Digging up Trouble«
6.00 Business Breakfast
7.00 Breakfast News
9.05 Explorers 10:10
10.00–12.00 News from London
10.05 Playdays
10.25 Gordon the Gopher: »Concert Ticket«
10.35 Ipso Facto 1:6
11.05 Golf
12.05 Pebble Mill
12.55 World Weather
13.00 One O'Clock News

MTV**Fríggjadagur 8. juli**

1.00 VJ Marjine
2.00 Night Videos
5.00 Awake on the Wild Side
8.00 VJ Ingo
11.00 The Soul of MTV
12.00 MTV's greatest Hits
13.00 VJ Simone
15.30 MTV Coca Cola Report
15.45 MTV at the Movies
16.00 MTV News at Night
16.15 3 From 1
16.30 Dial MTV
17.00 Music Non-Stop
19.00 MTV's greatest Hits
20.00 MTV's most wanted
21.30 MTV's Beavis & Butt-head
22.00 MTV Coca-Cola Report
22.15 MTV at the Movies
22.30 MTV News at Night
22.45 3 from 1
23.00 VJ Marjine
23.30 The Pulse with Marjine

Leygardagur 9. juli

0.00 VJ Marjine
1.00 Chill Out Zone
2.00 Night Videos
7.00 VJ Rebecca
9.00 Zig & Zag Special
10.00 The Big Picture
10.30 YO! MTV Raps
12.30 MTV's 1st Look
13.00 VJ Ingo
16.00 Dance with Simone
17.00 The Big Picture
17.30 MTV News
18.00 MTV's European Top 20
20.00 MTV Unplugged
20.30 MTV Unplugged
21.00 The Soul of MTV
22.00 MTV's 1st Look
22.30 MTV live with Galliana
23.00 Zig & Zag Special

Sunnudagur 10. juli

0.00 VJ Marjine
1.00 MTV's Beavis & Butt-head
1.30 VJ Marjine
3.00 Night Videos
7.00 MTV's Mariah Carey Sunday
8.00 MTV Unplugged with Mariah Carey
8.30 Mariah Carey – The Hits
9.30 MTV News
10.00 The Big Picture
10.30 MTV's European Top 20
12.30 MTV's First Look
13.00 MTV Sports
13.30 Mariah Carey – The Hits
14.30 MTV's Mariah Carey Sunday
16.00 MTV Unplugged with Mariah Carey
16.30 The Pulse with Marjine
17.00 MTV's The Real World II
17.30 MTV News
18.00 MTV's US Top 20 Countdown
20.00 10 Minutes
22.00 MTV's Beavis & Butt-head
22.30 Headbanger's Ball

Mánadagur 11. juli

1.00 VJ Marjine
2.00 Night Videos
5.00 Awake on the Wildside
8.00 VJ Ingo
11.00 The Soul of MTV
12.00 MTV's greatest Hits
13.00 VJ Simone
15.30 MTV Coca Cola Report
15.45 MTV at the Movies
16.00 MTV News
16.15 3 from 1