

Mikudagur 5. júní

- 18.30 Viðan
- 19.00 Góðir dagar 10
- 19.30 Ert tú bangin í myrkri? 22
- 20.00 Dagur og vika
- 20.30 Framfararvörnir 13:13
- 21.15 Skuggin
- 21.45 Cobra - am. filmur
- 23.15 Á ferð við Ray Cokes frá MTV
- 23.40 Líðugt

Hósdagur 6. júní

- 19.00 Bamsi og Kjúli
- 19.25 Orson og Olivia 12:26
- 20.00 Dagur og vika
- 20.30 Sorgfuglar
- 21.30 Eini læknaheiti á bygd
- 22.20 Status Q
- 23.05 Columbo
- 0.15 Líðugt

Friggjadagur 31. maí

- 5.30 Fyrri barn
- 7.15 Familjan Addams
- 7.40 Paradise Beach
- 8.05 Grannar
- 8.30 Pyramidan
- 9.00 Dollars
- 9.55 TV Shop
- 11.30 Atkvæðið fyrri Huggett
- 12.55 Family Passions
- 13.45 Grannar
- 14.10 Fede Fritimer
- 14.40 Scooby Doo, hvar ert tú?
- 15.10 T. J. Hooker
- 16.05 Dollars
- 17.00 TV3 beinleiðis
- 17.20 Fame
- 18.15 Our Gang
- 18.30 Kamera Kiks
- 19.00 Tornfuglene 1-10
- 20.00 Bokse Galia beinleiðis
- 22.00 TV3 beinleiðis
- 22.10 Fjallapatrúllan
- 23.05 American Gothic
- 0.00 Dracula greivinnna
- 1.40 Líðugt

Leygardagur 1. júní

- 7.00 Fyrri barn
- 9.00 Transformers
- 9.30 Power Rangers
- 10.00 Tann ljósareyði pantarinn
- 10.25 The Sinbad Show
- 10.55 TV Shop
- 13.00 Sea Fury
- 14.45 Flintstones
- 15.15 Simpsons
- 15.45 Hede highschoolidage
- 16.40 Baywatch
- 17.35 Murder, She Wrote
- 18.30 Sjov og Spes
- 19.00 Heimsins besta cirkus
- 20.00 Dronninges Palace - dokumentarsending
- 20.30 Speedway Grand Prix
- 22.00 The owl
- 23.30 Twilight Zone
- 0.00 Wise Guy
- 1.00 Red show Diaries
- 1.30 Líðugt

Sunnudagur 2. júní

- 7.00 Fyrri barn
- 9.00 Transformers
- 9.30 Power Rangers
- 10.00 Tann ljósareyði pantarinn
- 10.25 Boy meets world
- 10.55 Forbidden Cargo
- 12.25 Black Beauty
- 12.55 Robin Hood
- 13.55 Hotel panter-tanter
- 14.25 Sigöynaragentan
- 16.10 Murder She Wrote
- 17.35 Home Improvement
- 17.35 Ein eingli á jörðinni
- 18.30 Vilðt forelsket
- 20.00 Triggir menn og ein litill dama
- 21.55 Married with Children
- 22.30 Ellen 2:13
- 23.00 Law and Order
- 23.55 Wise Guy
- 0.55 Líðugt

Mánadagur 3. júní

- 5.30 Fyrri barn
- 7.15 Name Your Adventure
- 7.40 Paradise Beach
- 8.05 Grannar
- 8.30 Pyramidan
- 9.00 Dollars
- 9.55 TV Shop

- 11.25 Always a bride
- 12.55 Family Passions
- 13.45 Grannar
- 14.10 Fede Fritimer
- 14.40 James Bond Jr.
- 15.10 T. J. Hooker
- 16.05 Dollars
- 17.00 TV3 beinleiðis
- 17.20 Fame
- 18.10 Pacific Drive
- 19.00 Baywatch
- 19.55 Lace
- 22.30 TV3 beinleiðis
- 22.40 Walker Texas Ranger
- 23.35 Crime Story
- 0.35 Líðugt

Týsdagur 4. júní

- 5.30 Fyrri barn
- 7.15 Name Your Adventure
- 7.40 Paradise Beach
- 8.05 Grannar
- 8.30 Pyramidan
- 9.00 Dollars
- 9.55 TV Shop
- 11.25 Mörbið & Arsenal Stadion
- 12.55 Family Passions
- 13.45 Grannar
- 14.10 Fede Fritimer
- 14.40 Rupert Björn
- 15.10 T. J. Hooker
- 16.05 Dollars
- 17.00 TV3 beinleiðis
- 17.20 Fame
- 18.15 Our Gang
- 18.30 Pacific Drive
- 19.00 University Hospital
- 19.55 Melrose Place
- 20.50 Menn unga atgöngd
- 21.55 TV3 beinleiðis
- 21.05 L.A.P.D.
- 22.35 Working Trash
- 0.10 In the heat of the Night
- 1.05 Líðugt

Mikudagur 5. júní

- 5.30 Fyrri barn
- 7.15 Name your adventure
- 7.40 Paradise Beach
- 8.05 Grannar
- 8.30 Pyramidan
- 9.00 Dollars
- 9.55 TV Shop
- 11.25 Frozen Limits
- 13.45 Grannar
- 14.10 Fede Fritimer
- 14.40 Atom Alf
- 15.10 T. J. Hooker
- 16.05 Dollars
- 17.00 TV3 beinleiðis
- 17.20 Fame
- 18.15 Our Gang
- 18.30 Pacific Drive
- 19.00 Mr. North
- 20.40 Back up
- 21.45 TV3 beinleiðis
- 21.55 Blind passenger
- 22.55 Marokko 7
- 0.30 Líðugt

Hósdagur 6. júní

- 5.30 Fyrri barn
- 7.15 Addams Family
- 7.40 Paradise Beach
- 8.05 Grannar
- 8.30 Pyramidan
- 9.00 Dollars
- 9.55 TV Shop
- 11.20 Diamantbyrúin
- 12.55 Family Passions
- 13.45 Grannar
- 14.10 Fede Fritimer
- 14.40 Rupert Björn
- 15.10 T. J. Hooker
- 16.05 Dollars
- 17.00 TV3 beinleiðis
- 17.20 Fame
- 18.15 Our Gang
- 18.30 Pacific drive
- 19.00 Fjallagörrillan
- 20.00 Flintstones
- 21.45 TV3 beinleiðis
- 21.55 Outland
- 23.50 In the danger zone
- 0.45 Líðugt

BBC - World

Friggjadagur 31. maí

- 0.00 BBC World News
- 0.10 Newsnight
- 1.00 BBC Newsroom
- 4.00 BBC World Headlines

- 4.05 Question Time
- 5.00 BBC Newsday
- 8.00 BBC World Headlines
- 8.05 Question Time
- 9.00 BBC World News
- 9.30 More Rhodes around Britain - Ulster (Time out)
- 10.00 BBC World News
- 10.30 Earth Report: »Environmental Refugees« (Time out)
- 11.00 BBC Newsdesk
- 13.00 BBC World Headlines
- 13.05 Everyman: »Moses of Oxford«
- 14.00 BBC World News
- 14.15 World Business Report
- 14.30 BBC Newshour Asia & Pacific
- 15.30 Tomorrow's World: »Hong Kong Special« (Time out)
- 16.00 BBC World Headlines
- 16.05 Question Time
- 17.00 BBC World News
- 17.30 The Travel Show (Time out)
- 18.00 The World Today
- 20.00 BBC World Headlines
- 20.05 Question Time
- 21.00 BBC World News
- 21.30 Film '96: »Cannes Film Festival« (Time out)
- 22.00 BBC World Report
- 23.00 BBC World Report

Leygardagur 1. júní

- 0.00 BBC World News
- 0.10 Newsnight
- 1.00 BBC World News
- 1.20 Britain in View - Public Eye: »If in Doubt, Sue«
- 2.00 BBC World News
- 2.10 Newsnight
- 3.00 BBC World News
- 3.20 Window on Europe
- 4.00 BBC World Headlines
- 4.05 Correspondent
- 5.00 BBC World News
- 5.20 Face to Face - with Norman Mailer
- 6.00 BBC World News
- 6.20 Window on Europe
- 7.00 BBC World News
- 7.05 Everyman: »Jesus Army«
- 8.00 BBC World Headlines
- 8.05 Great Railway Journeys: »Karachi to the Khyber Pass«
- 9.00 BBC World News
- 9.30 Tomorrow's World: »Hong Kong Special« (Time out)
- 10.00 BBC World News
- 10.30 The Travel Show (Time out)
- 11.00 BBC World Headlines
- 11.05 Horizon: »Resurrecting the Dead Sea Scrolls«
- 12.00 BBC World News
- 12.20 Britain in View - Public Eye: »If in Doubt, Sue«
- 12.50 Earth Report: »Southern Africa - Conserving the Game«
- 13.00 BBC World Headlines
- 13.05 Under the Sun: »The Women who smile«
- 14.00 BBC World News
- 14.20 This Week
- 15.00 BBC World News
- 15.30 Film '96: »Cannes Film Festival« (Time out)
- 16.00 BBC World Headlines
- 16.05 Correspondent
- 17.00 BBC World News
- 17.30 Cats: »Cat and Supercat« (Time out)
- 18.00 BBC World News
- 18.20 This Week
- 19.00 BBC World News
- 19.20 Face to Face - with Norman Mailer
- 20.00 BBC World Headlines
- 20.05 Horizon: »Dante goes to Hell«
- 21.00 BBC World News
- 21.30 Top Gear (Time out)
- 22.00 BBC World News
- 22.25 Window on Europe
- 23.00 BBC World News
- 23.25 This Week

Sunnudagur 2. júní

- 0.00 BBC World News
- 0.20 Face to Face - with Norman Mailer
- 1.00 BBC World News
- 1.30 India Business Report
- 2.00 BBC World News
- 2.25 This Week
- 3.00 BBC World News
- 3.30 India Business Report

- 4.00 BBC World Headlines
- 4.05 Horizon: »Dante goes to Hell«
- 5.00 BBC World News
- 5.20 Britain in View - Public Eye: »If in Doubt, Sue«
- 6.00 BBC World News
- 6.25 India Business Report
- 7.00 BBC World News
- 7.20 This Week
- 8.00 BBC World Headlines
- 8.05 Correspondent
- 9.00 BBC World News
- 9.30 Film '96: »Cannes Film Festival« (Time out)
- 10.00 BBC World News
- 10.30 Cats: »Cat and Supercat« (Time out)
- 11.00 BBC World Headlines
- 11.05 Everyman: »Jesus Army«
- 12.00 BBC World News
- 12.20 Face to Face - with Norman Mailer
- 13.00 BBC World Headlines
- 13.05 Great Railway Journeys: »Karachi to the Khyber Pass«
- 14.00 BBC World Headlines
- 14.05 Breakfast with Frost
- 15.00 BBC World News
- 15.30 Top Gear (Time out)
- 16.00 BBC World Headlines
- 16.05 Horizon: »Dante goes to Hell«
- 17.00 BBC World News
- 17.20 Earth Report
- 17.30 More Rhodes around Britain - Ulster (Time out)
- 18.00 BBC World News
- 18.20 On the Record
- 19.00 BBC World News
- 19.20 Window on Europe
- 20.00 BBC World Headlines
- 20.05 Under the Sun: »Two Girls go Hunting«
- 21.00 BBC World News
- 21.30 Nature: »The New Stone Age« (Time out)
- 22.00 BBC World Report
- 23.00 BBC World Report

Mánadagur 3. júní

- 0.00 BBC World News
- 0.10 The Money Programme
- 1.00 BBC Newsroom
- 4.00 BBC World Headlines
- 4.05 The Money Programme
- 5.00 BBC Newsday
- 8.00 BBC World News
- 8.15 The Money Programme
- 9.00 BBC World News
- 9.30 Top Gear (Time out)
- 10.00 BBC World News
- 10.30 More Rhodes around Britain - Ulster (Time out)
- 11.00 BBC Newsdesk
- 13.00 BBC World Headlines
- 13.05 Correspondent
- 14.00 BBC World News
- 14.15 World Business Report
- 14.30 BBC Newshour Asia & Pacific
- 15.30 Nature: »The New Stone Age« (Time out)
- 16.00 BBC World News
- 16.15 The Money Programme
- 17.00 BBC World News
- 17.30 Tomorrow's World: »Hong Kong Special« (Time out)
- 18.00 The World Today
- 20.00 BBC World Headlines
- 20.05 The Money Programme
- 20.50 Earth Report: »Southern Africa - Conserving the Game«
- 21.00 BBC World News
- 21.30 The Travel Show (Time out)
- 22.00 BBC World Report
- 23.00 BBC World Report

Týsdagur 4. júní

- 0.00 BBC World News
- 0.10 Newsnight
- 1.00 BBC Newsroom
- 4.00 BBC World Headlines
- 4.05 Panorama
- 5.00 BBC Newsday
- 8.00 BBC World News
- 8.15 Panorama
- 9.00 BBC World News
- 9.30 Nature: »The New Stone Age« (Time out)
- 10.00 BBC World News
- 10.30 Tomorrow's World (Time out)
- 11.00 BBC Newsdesk
- 13.00 BBC World News
- 13.15 The Money Programme
- 14.00 BBC World News
- 14.15 World Business Report

- 14.30 BBC Newshour Asia & Pacific
- 15.30 The Andrew Neil Show
- 16.00 BBC World News
- 16.15 Panorama
- 17.00 BBC World News
- 17.30 Film '96: »Cannes Film Festival« (Time out)
- 18.00 The World Today
- 20.00 BBC World Headlines
- 20.05 Panorama
- 21.00 BBC World News
- 21.30 International Festival of the Sea (Time out)
- 22.00 BBC World Report
- 23.00 BBC World Report

EuroSport

Friggjadagur 31. maí

- 7.30 Sailing
- 8.00 Olympic Magazine
- 8.30 Eurofun
- 9.00 Motors
- 10.00 Tennis - live
- 12.00 Formula 1 - live
- 13.00 Tennis - live
- 18.00 Formula 1
- 19.00 Truck Racing
- 19.30 Truck Racing
- 20.00 Tennis
- 21.00 Formula 1
- 22.00 Golf
- 23.00 Olympic Magazine
- 23.30 International Motorsports Report
- 0.30 Líðugt

Leygardagur 1. júní

- 7.30 Formula 1
- 8.30 Truck Racing
- 9.00 Football
- 10.00 Tennis - live
- 12.00 Formula 1
- 13.00 Tennis - live
- 18.00 Formula 1
- 19.00 Football - live
- 20.30 Tennis
- 21.00 Formula 1
- 22.00 Golf
- 23.00 Boxing
- 0.00 Formula 1
- 1.00 Líðugt

Sunnudagur 2. júní

- 7.30 Formula 1
- 8.30 Formula 1 - live
- 9.00 Rally Raid
- 9.30 Formula 1
- 10.00 Tennis - live
- 12.30 Formula 1 - live
- 15.00 Tennis - live
- 18.00 IndyCar - live
- 20.00 Tennis - live
- 21.00 Formula 1
- 22.00 Golf
- 23.00 IndyCar
- 0.30 Líðugt

Mánadagur 3. júní

- 7.30 IndyCar
- 9.00 Formula 1
- 10.00 Tennis - live
- 19.00 Football - live
- 21.00 Tennis
- 22.00 Athletics
- 23.00 Eurogolf Magazine
- 0.00 Offroad
- 0.30 Líðugt

Týsdagur 4. júní

- 7.30 Football
- 9.00 Swimming
- 10.00 Duathlon
- 11.00 Tennis - live
- 19.00 Boxing
- 21.00 Tennis
- 22.00 Football
- 23.00 Snooker
- 0.30 Líðugt

Mikudagur 4. júní

- 7.30 Formula 1
- 9.00 Swimming
- 11.00 Tennis - live
- 19.00 Formula 1
- 21.30 Athletics
- 22.30 Motors
- 0.00 Pro Wrestling
- 0.30 Líðugt

MTV

Friggjadagur 31. maí

- 1.00 Night Videos
- 5.00 Awake on the Wildside
- 5.30 Stylissimo!
- 8.00 Morning Mix featuring Cinematic
- 11.00 Dance Floor Chart
- 12.00 MTV's Greatest Hits
- 13.00 Music Non-Stop
- 15.00 Select MTV
- 16.00 Hanging out
- 17.30 Dial MTV
- 18.00 Soap Dish
- 18.30 MTV News
- 19.00 Dance Floor Chart
- 20.00 Chill Mix
- 21.30 MTV Amour
- 22.30 SSame Sex singled out
- 23.00 Party Zone

Leygardagur 1. júní

- 1.00 Night Videos
- 7.00 Kickstart
- 9.00 Rock am Ring 1996 build up
- 9.30 MTV Exclusive
- 10.00 MTV's European Top 20
- 12.00 The big Picture with John Keams
- 12.30 MTV's First Look
- 13.00 Rock am Ring 1996
- 15.00 Rock am Ring 1996 build up
- 16.00 Dance Floor
- 17.00 The big Picture with John Keams
- 17.30 MTV News Weekend Edition
- 18.00 Rock am Ring 1996 build up
- 19.00 Rock am Ring 1996
- 21.00 Ten Years of Rock Am Ring
- 22.00 MTV Unplugged with Joe Chocker
- 23.00 Yo!

Sunnudagur 2. júní

- 1.00 Chill Out Zone
- 2.30 Night Videos
- 7.00 MTV's US Top 20 Countdown
- 9.00 Video-Active
- 11.30 MTV's First Look
- 12.00 MTV News Weekend Edition
- 12.30 Stylissimo!
- 13.00 Rock am Ring Weekend
- 14.00 Rock am Ring 1996
- 16.00 Star Trax
- 17.00 MTV's European Top 20
- 19.00 Greatest Hits by Year
- 20.00 Sandblast
- 20.30 MTV Special
- 21.00 MTV Roughcut
- 22.00 The All New Beavis & Butt-head
- 22.30 What he wants
- 23.00 What she wants
- 23.30 Night Videos

Mánadagur 3. júní

- 5.00 Awake on the Wildside
- 7.30 MTV's First Look
- 8.00 Morning Mix featuring Cinematic
- 11.00 MTV's US Top 20 Countdown
- 12.00 MTV's Greatest Hits
- 13.00 Music Non-Stop
- 15.00 Select MTV
- 16.00 Hanging out
- 17.30 Dial MTV
- 18.00 Soap Dish
- 18.30 Stylissimo!
- 19.00 Hit List UK with Carolyn Lilipaly
- 21.00 MTV Exclusive
- 21.30 MTV Amour
- 22.30 Chere MTV
- 23.00 Yo!

Týsdagur 4. júní

- 1.00 Night Videos
- 5.00 Awake on the Wildside
- 7.30 MTV Special
- 8.00 Morning Mix featuring Cinematic
- 11.00 Hit list UK
- 12.00 MTV's Greatest Hits
- 13.00 Music Non-Stop
- 15.00 Select MTV
- 16.00 Hanging out
- 17.30 Dial MTV
- 18.00 Soap Dish
- 18.30 MTV Sports with Dan Corlase