

BBC

PRIME

Fríggjadagur 24. juli

- 0.05 TWO RESEARCH STYLES
- 0.30 THE CLINICAL PSYCHOLOGIST
- 1.00 LA: CITY OF THE FUTURE
- 2.00 LANDMARKS: PAKISTAN AND ITS PEOPLE
- 4.00 World Cup French: THE FRENCH EXPERIENCE I: 17 - 20 French for beginners.
- 5.00 WALK THE TALK „Race for the Pitch“
- 5.30 HOW DO YOU MANAGE? „The Clever Stuff“
- 6.00 BBC WORLD NEWS
- 6.25 PRIME WEATHER
- 6.30 WHAM! BAM! STRAWBERRY JAM! „The Ant-Eater“
- 6.45 ACTIV8
- 7.15 THE GENIE FROM DOWN UNDER „It's My Opal and I'll Cry If I Want To“
- 7.45 THE TERRACE
- 8.15 CAN'T COOK, WON'T COOK
- 8.40 KILROY
- 9.30 EASTENDERS
- 10.00 CAMPION „Mystery Mile“
- 10.55 REAL ROOMS The makeover show
- 11.20 THE TERRACE
- 11.45 CAN'T COOK, WON'T COOK
- 12.10 KILROY
- 13.00 HOME FRONT
- 13.30 EASTENDERS
- 14.00 CAMPION „Mystery Mile“
- 14.55 REAL ROOMS
- 15.20 WHAM! BAM! STRAWBERRY JAM! „The Ant-Eater“
- 15.35 ACTIV8
- 16.00 THE GENIE FROM DOWN UNDER „It's My Opal and I'll Cry If I Want To“
- 16.30 CAN'T COOK, WON'T COOK
- 17.00 BBC WORLD NEWS
- 17.25 PRIME WEATHER
- 17.30 WILDLIFE „Rainbow Warriors“
- 18.00 EASTENDERS
- 18.30 HOME FRONT The home decorating programme
- 19.00 NEXT OF KIN „Bully for You“
- 19.30 THE BRITTAS EMPIRE „Reviewing the Situation“
- 20.00 CASUALTY Medical drama
- 21.00 BBC WORLD NEWS Including World Business Report
- 21.25 PRIME WEATHER
- 21.30 LATER WITH JOOLS HOLLAND
- 22.30 RIPPING YARNS „Across the Andes by Frog“
- 23.00 ALL RISE FOR JULIAN CLARY Comedy show
- 23.30 PUNT AND DENNIS

Leygardagur 25. juli

- 0.00 HOLIDAY FORECAST
- 0.05 DR WHO: THE FACE OF EVIL 2.4
- 0.30 STRUCTURAL COMPONENTS
- 1.00 PARTNERSHIP OR GOING IT ALONE
- 1.30 PUTTING TRAINING TO WORK
- 2.00 DEVELOPING LANGUAGE
- 2.30 MY FAVOURITE THINGS
- 3.00 PIETER BRUEGEL AND POPULAR CULTURE
- 3.30 NATHAN THE WISE
- 4.00 THE MUSEUM OF MODERN ART - What makes the Museum of Modern Art "tick"?

- 4.30 MIND READERS
- 5.00 NON-EUCLIDEAN GEOMETRY
- 5.30 ERRORS AREN'T FOREVER
- 6.00 BBC WORLD NEWS
- 6.25 PRIME WEATHER
- 6.30 MR WYMI „Time Machine“
- 6.45 MONSTER CAFE „Healthy Monster“
- 7.00 THE ARTBOX BUNCH Tips on art and drawing
- 7.10 BRIGHT SPARKS
- 7.40 THE DEMON HEADMASTER
- 8.05 ACTIV8 Sports and activities for children
- 8.00 MOONFLEET (Part 4 of 6)
- 9.30 DR WHO: THE FACE OF EVIL 2.4
- 9.25 STYLE CHALLENGE
- 9.50 CAN'T COOK, WON'T COOK
- 10.15 PRIME WEATHER
- 10.30 EASTENDERS OMNIBUS
- 11.50 THE CONTENTERS „Tools of the Trade“
- 12.20 KILROY
- 13.00 STYLE CHALLENGE
- 13.30 CAN'T COOK, WON'T COOK
- 14.00 THE DUCHESS OF DUKE STREET „A Matter of Honour“
- 14.50 PRIME WEATHER
- 14.55 JULIA JEKYL AND HARRIET HYDE „Aggro“
- 15.10 GET YOUR OWN BACK
- 15.35 BLUE PETER
- 16.00 THE WILD HOUSE
- 16.30 DR WHO: THE FACE OF EVIL 3.4
- 17.00 BBC WORLD NEWS
- 17.25 PRIME WEATHER
- 17.30 FASTEN YOUR SEAT BELT
- 18.00 OPEN ALL HOURS
- 18.30 PORRIDGE „No Peace for the Wicked“
- 19.00 ONLY FOOLS AND HORSES „Yuppy Love“
- 20.00 BACKUP „Happy That Way“
- 21.00 BBC WORLD NEWS
- 21.25 PRIME WEATHER
- 21.30 RUBY WAX MEETS... SHARON STONE
- 23.00 SHOOTING STARS
- 23.30 LATER WITH JOOLS HOLLAND

Sunnudagur 26. juli

- 0.30 PROBLEMS WITH PATTERNS
- 1.00 PLUGGING INTO THE SUN
- 1.30 ACID RAIN
- 2.00 NEW FORMULAE FOR FOOD
- 2.30 MYTH AND MUSIC
- 3.00 WHO BELONGS TO GLASGOW?
- 3.30 FUELLING THE PHILIPPINES TIGER
- 4.00 ROVER'S RETURN
- 4.30 DECLINING CITIZENSHIP
- 5.00 CONTROLLING CARNIVAL CROWDS
- 6.00 BBC WORLD NEWS
- 6.20 PRIME WEATHER
- 6.30 WHAM! BAM! STRAWBERRY JAM! „The Ant-Eater“
- 6.45 JACKANORY GOLD
- 7.00 JULIA JEKYL AND HARRIET HYDE „Aggro“
- 7.15 GET YOUR OWN BACK
- 7.40 OUT OF TUNE
- 8.05 ACTIV8 Sports and activities for children.
- 8.30 THE GENIE FROM DOWN UNDER „It's My Opal and I'll Cry If I Want To“
- 8.55 TOP OF THE POPS
- 9.25 STYLE CHALLENGE
- 9.50 CAN'T COOK, WON'T COOK
- 10.30 ONLY FOOLS AND HORSES „Yuppy Love“
- 11.20 PRIME WEATHER

- 11.25 TO THE MANOR BORN
- 11.55 ANIMAL HOSPITAL
- 12.25 KILROY
- 13.05 STYLE CHALLENGE
- 13.30 CAN'T COOK, WON'T COOK
- 14.00 ONLY FOOLS AND HORSES „Yuppy Love“
- 14.50 OZONE
- 15.05 WILLIAM'S WISH WELLINGTONS „William the Conqueror“ - Cartoon
- 15.10 THE DEMON HEADMASTER
- 15.35 ACTIV8 Sports and activities for children.
- 16.00 THE GENIE FROM DOWN UNDER „It's My Opal and I'll Cry If I Want To“
- 16.30 TOP OF THE POPS
- 17.00 BBC WORLD NEWS
- 17.25 PRIME WEATHER
- 17.30 ANTIQUES ROADSHOW
- 18.00 HETTY WAINTHROPP INVESTIGATES „Helping Hansi“
- 19.00 999
- 20.00 BBC Biography: IMRAN'S FINAL TEST - AN EVERYMAN SPECIAL
- 21.00 BBC WORLD NEWS
- 21.25 PRIME WEATHER
- 21.30 GOBBLE
- 22.45 SONGS OF PRAISE
- 23.20 CHILDREN'S HOSPITAL
- 23.50 PRIME WEATHER

Mánadagur 27. juli

- 0.05 A CURIOUS KIND OF RITUAL
- 0.30 PARTNERSHIP OR GOING IT ALONE
- 1.00 PUTTING TRAINING TO WORK
- 1.30 DEVELOPING LANGUAGE
- 2.00 GEORGE ELIOTT „A look at the author and her work.“
- 4.00 THE TRAVEL HOUR „Andalucia“ The pick of the BBC's archives, and another chance to see „Spain on a Plate“ with Maria Jose Sevilla.
- 5.00 WALK THE TALK „Managers before the Mast“
- 6.00 BBC WORLD NEWS
- 6.25 PRIME WEATHER
- 6.35 JONNY BRIGGS
- 6.50 ACTIV8 Sports and activities for children
- 7.10 MOONFLEET 5.6
- 7.45 THE TERRACE More DIY tips with Mike Reid
- 8.15 CAN'T COOK, WON'T COOK
- 8.40 KILROY
- 9.30 THE CONTENTERS „Tools of the Trade“ Does technology help today's athletes or torture them?
- 10.00 THE HOUSE OF ELIOTT 2-10
- 10.55 REAL ROOMS The makeover show
- 11.20 THE TERRACE More DIY tips with Mike Reid.
- 11.50 CAN'T COOK, WON'T COOK
- 12.15 KILROY
- 12.55 SONGS OF PRAISE
- 13.30 THE CONTENTERS „Tools of the Trade“ Does technology help today's athletes or torture them?
- 14.00 THE HOUSE OF ELIOTT 2-10
- 14.55 PRIME WEATHER
- 15.00 REAL ROOMS The makeover show
- 15.25 JONNY BRIGGS
- 15.40 ACTIV8 Sports and activities for children.
- 16.05 MOONFLEET 5.6
- 16.35 CAN'T COOK, WON'T COOK
- 17.00 BBC WORLD NEWS
- 17.25 PRIME WEATHER

- 17.30 WILDLIFE „Back to the Wild“ 4
- 18.00 THE CONTENTERS „Tools of the Trade“ An examination of the mental toughness and gamesmanship needed to succeed in sport
- 18.30 RHODES AROUND BRITAIN „Cornwall“
- 19.00 PORRIDGE „No Peace for the Wicked“
- 19.30 WAITING FOR GOD
- 20.00 HETTY WAINTHROPP INVESTIGATES „How Time Flies“
- 21.00 BBC WORLD NEWS Including World Business Report
- 21.25 PRIME WEATHER
- 21.30 CANTERBURY „Cathedral Tales“
- 22.20 WILD HARVEST WITH NICK NAIRN „Fife“
- 23.00 LOVE ON A BRANCH LINE „Ain't She Sweet“

Týsdagur 28. juli

- 0.00 PRIME WEATHER
- 0.05 THE ISLAND: AN HISTORIC PIECE?
- 0.30 THEORY AND PRACTICE
- 1.00 BORN INTO TWO CULTURES
- 1.30 PIETER BRUEGEL AND POPULAR CULTURE
- 2.00 THE MAKING OF MIDDLEMARCH A look behind the scenes of the BBC
- 4.00 THE TRAVEL HOUR „Basque Country and Cantabria“
- 5.00 WORK IS A FOUR-LETTER WORD „Training for the Terrified“ How training can improve communication skills, confidence and encourage self-development
- 5.30 THE KNOWLEDGE „Withdrawal Symptoms“ The series taking an inside look at education investigates
- 6.00 BBC WORLD NEWS
- 6.25 PRIME WEATHER
- 6.30 MONSTER CAFE „Transylvanian Turnip“
- 6.45 RUN THE RISK
- 7.10 THE DEMON HEADMASTER
- 7.45 THE TERRACE More DIY tips with Mike Reid
- 8.15 CAN'T COOK, WON'T COOK
- 8.40 KILROY
- 9.30 EASTENDERS
- 19.00 THE ONEDIN LINE „Yellow Jack“
- 10.50 REAL ROOMS The makeover show
- 11.15 THE TERRACE More DIY tips with Mike Reid
- 11.45 CAN'T COOK, WON'T COOK
- 12.10 KILROY
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- 15.40 RUN THE RISK
- 16.05 THE DEMON HEADMASTER
- 16.30 CAN'T COOK, WON'T COOK
- 17.00 BBC WORLD NEWS
- 17.25 PRIME WEATHER
- 17.30 WILDLIFE „Nature by Design“ 1
- 18.00 EASTENDERS
- 18.30 THE CRUISE „Teach Me Tonight“ Documentary series about life aboard the cruise ship Galaxy.

- 19.00 THE BRITTAS EMPIRE
- 19.30 RIPPING YARNS „The Curse of the Claw“
- 20.00 BACKUP „Clubbing“
- 21.00 BBC WORLD NEWS Including World Business Report
- 21.25 PRIME WEATHER
- 21.30 THE ARISTOCRACY „Survival of the Fittest - 1970-1997“ Documentary series
- 22.30 MASTERCHEF 1996
- 23.00 CASUALTY „Bad Company“
- 23.50 PRIME WEATHER

Mikudagur 29. juli

- 0.00 COMPUTING „On the Right Track - M205/11“
- 0.30 BUILDING BY NUMBERS „MU120/07“
- 1.00 THE PROGRAMMERS „M206/07“
- 1.30 ARTWARE - COMPUTERS IN THE ARTS „M206/10“
- 2.00 ENGLISH TIME „Media File“
- 4.00 THE TRAVEL HOUR „Asturias and Galicia“
- 5.00 WALK THE TALK „Dinosaurs and Sacred Cows“
- 5.30 HOW DO YOU MANAGE? „Making it Happen“
- 6.00 BBC WORLD NEWS
- 6.25 PRIME WEATHER
- 6.30 JULIA JEKYL AND HARRIET HYDE „Dear Aunt Aggie“
- 6.45 ACTIV8 Sports and activities for children
- 7.10 THE WILD HOUSE
- 7.45 THE TERRACE More DIY tips with Mike Reid
- 8.15 CAN'T COOK, WON'T COOK
- 8.40 KILROY
- 9.30 EASTENDERS
- 10.00 ALL CREATURES GREAT AND SMALL „Sleeping Partners“
- 10.50 PRIME WEATHER
- 11.00 REAL ROOMS
- 11.25 THE TERRACE More DIY tips with Mike Reid
- 11.50 CAN'T COOK, WON'T COOK
- 12.15 KILROY
- 13.00 THE CRUISE „Teach Me Tonight“ Documentary series about life aboard the cruise ship Galaxy
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- 15.00 REAL ROOMS
- 15.20 JULIA JEKYL AND HARRIET HYDE „Dear Aunt Aggie“
- 15.35 ACTIV8 Sports and activities for children
- 16.00 THE WILD HOUSE
- 16.30 CAN'T COOK, WON'T COOK
- 17.00 BBC WORLD NEWS
- 17.25 PRIME WEATHER
- 17.30 WILDLIFE „Advance of the Armadillo“
- 18.00 EASTENDERS
- 18.30 FASTEN YOUR SEAT BELT
- 19.00 WAITING FOR GOD
- 19.30 NEXT OF KIN „Bully for You“
- 20.00 PORTRAIT OF A MARRIAGE
- 21.00 BBC WORLD NEWS Including World Business Report
- 21.25 PRIME WEATHER
- 21.30 BBC Biography: IMRAN'S FINAL TEST - AN EVERYMAN SPECIAL A behind-the-scenes look at the life of Imran Khan, the former captain of the Pakistan cricket

- team
- 22.10 WILDLIFE
- 22.30 ONE MAN AND HIS DOG
- 23.15 PRESTON FRONT „Lloyd's Housewarming“

Hósdagur 30. juli

- 0.00 PRIME WEATHER
- 0.05 BANGKOK - A CITY SPEAKS „U206/04“ A look at the environmental cost of Bangkok's economic success.
- 0.30 MORE THAN MEETS THE EYE „U205/19“ The experiences of two people who are facially disfigured
- 1.00 A FUTURE WITH AIDS „U205/13“ Positive stories from India, Zambia and Brazil on how they are coping with Aids
- 1.30 DAISY WORLD „S269/10“
- 2.00 ENGLISH TIME
- 4.00 THE TRAVEL HOUR „Madrid and Central Spain“
- 5.00 MY BRILLIANT CAREER „George Walker: A Corporate Mugging“
- 5.30 20 STEPS TO BETTER MANAGEMENT
- 5.45 TEACHING TODAY SPECIAL 1 Effective classroom management.
- 6.00 BBC WORLD NEWS
- 6.25 PRIME WEATHER
- 6.30 THE BROLLYS
- 6.45 BRIGHT SPARKS A series celebrating the talents and achievements of British children
- 7.10 OUT OF TUNE
- 7.45 THE TERRACE More DIY tips with Mike Reid
- 8.15 CAN'T COOK, WON'T COOK
- 8.40 KILROY
- 9.30 ANIMAL HOSPITAL
- 10.00 HETTY WAINTHROPP INVESTIGATES „How Time Flies“
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- 16.05 OUT OF TUNE
- 16.30 CAN'T COOK, WON'T COOK
- 17.00 BBC WORLD NEWS
- 17.25 PRIME WEATHER
- 17.30 WILDLIFE „St Lucia - Lake Wilderness“
- 18.00 ANIMAL HOSPITAL
- 18.30 ANTIQUES ROADSHOW
- 19.00 IT AIN'T HALF HOT, MUM „That's Entertainment“
- 19.30 TO THE MANOR BORN
- 20.00 COMMON AS MUCK
- 21.00 BBC WORLD NEWS Including World Business Report
- 21.25 PRIME WEATHER
- 21.30 999
- 22.30 THE VICTORIAN FLOWER GARDEN
- 23.00 SPENDER „Family Business“
- 23.55 PRIME WEATHER