

17.30 Ein frálík barnagenta
18.00 Caroline
18.30 Hvítar lygnir
19.00 Baywatch Nights
19.55 Minnið um eitt morð
21.35 Tíðindi
21.45 Married With Children
22.15 Home Improvement
22.45 Out of the Blue
23.45 New York Undercover
0.40 McCall
1.35 Liðugt

Hósdagur 13. august

5.00 Fyrir barn
6.40 Knots Landing
7.30 Sunset Beach
8.25 TV-shop
9.55 Horton-sagaen (e)
10.45 Horton-sagaen
11.35 Ricki Lake
12.25 T. J. Hooker
13.20 Sunset Beach
14.15 Baywatch
15.10 Melrose Place
16.05 Ricki Lake
17.00 Tíðindi
17.30 Ein frálík barnagenta
18.00 Caroline
18.30 Hvítar lygnir
19.00 Baywatch Nights
19.55 Troop Beverly Hills
21.55 Tíðindi
22.05 Married With Children
22.35 Home Improvement
23.05 L. A. P. D.
23.35 New York Undercover
0.30 VR 5
1.25 Liðugt



Fríggjadagur 7. august

7.30 Sailing
8.00 Swimming
9.00 Formel 3000
10.00 Football
11.15 Football
12.15 International Motorsport
13.15 Basketball - live
14.45 Tennis
16.00 Tennis - live
18.00 Tennis - live
20.00 Football - live
22.00 Basketball
23.30 Extreme Sports
0.30 Liðugt

Leygardagur 8. august

7.30 Extreme Sports
8.00 Cycling
11.00 Truck Racing
12.00 Football
13.00 Tennis
14.30 Golf
16.30 Rally
17.00 Mountainbike
18.00 Tennis - live
20.00 Basketball - live
20.30 Basketball
21.00 Martial Arts
22.00 Boxing
23.30 Tennis
1.00 Liðugt

Sunnudagur 9. august

7.30 Extreme Games
8.00 Ríðing
9.00 Rally
9.30 4x4 Off Road
10.00 Tractorpulling
11.00 Motocross
12.00 Backhopping
14.00 Mountainbike
16.00 Golf
17.00 Motocross
18.00 Basketball
20.00 Boxing
21.00 Cart
23.30 Tennis
0.30 Liðugt

Mánadagur 10. august

7.30 Olympic Games
8.00 Mountainbike
9.00 Football
10.30 Rally
11.00 Cart
12.30 Roadracing
13.00 Triathlon
14.00 Extreme Games

16.00 Tennis
17.30 Extreme Games
18.00 Tennis
20.00 Tractorpulling
21.00 4x4 Off Road
21.30 Football
23.30 Mountainbike
23.30 Boxing
0.30 Liðugt

Týsdagur 11. august

7.30 Mountainbike
8.00 Basketball
9.00 Backhopping
10.30 Football
12.00 Extreme Games
12.30 Mountainbike
13.00 Standardcars
14.00 Tennis
15.30 Football
16.30 Football
18.00 Tennis
20.00 Football
22.00 Football
23.00 Mountainbike
23.30 Rally
0.00 4x4 Off Road
0.30 Liðugt

Mikudagur 12. august

7.30 Mountainbike
8.00 Cart
9.30 Football
11.00 Golf
12.00 Motocross
12.30 Mountainbike
13.00 Sailing
13.00 Tennis
14.00 Tennis
15.30 Speedworld
17.00 Football
18.00 Tennis
20.00 Football
22.00 Football
23.00 Boxing
23.30 Rally
0.00 Mountainbike
0.30 Liðugt

Hósdagur 13. august

7.30 Mountainbike
8.00 Golf
9.00 Speedworld
10.30 Football
12.30 Mountainbike
13.00 Motors
14.00 Tennis
15.30 Mountainbike
16.00 Football
18.00 Tennis
20.00 Football
22.00 Fitness
23.00 Mountainbike
23.30 Motors
0.30 Liðugt



Fríggjadagur 7. august

0.05 Forest Futures
1.00 Running the Community:
"Markets and Hierarchies"
1.30 Running the Country: "New
Forms of Partnership"
2.00 Women at Work
4.00 Suenos World Spanish
5.00 Computers don't bite:
"Getting started - Getting
Online"

5.45 Winning: "Winning with
Leadership"
6.00 World News
6.25 Prime Weather
6.35 Wham! Bam! Strawberry
Jam!: "Clap Clap!"
6.50 Activ8
7.15 The Genie from down
under: "Good Cop, Bad
Genie"
7.45 The Terrace
8.15 Can't Cook, Won't Cook
8.40 Kilroy
9.30 Eastenders
10.00 Moon and Son: "Crystal
Clear It's Murder" 1.2

10.55 Real Rooms
11.20 The Terrace
11.50 Can't Cook, Won't Cook
12.15 Kilroy
13.00 Home Front
13.30 Eastenders
14.00 Moon and Son: "Crystal

Clear It's Murder" 1.2
14.55 Real Rooms
15.20 Wham! Bam! Strawberry
Jam!: "Clap Clap!"
15.35 Activ8
16.00 The Genie from down
under: "Good Cop, Bad
Genie"
16.30 Can't Cook, Won't Cook
17.00 World News
17.25 Prime Weather
17.30 Wildlife: "Roadrunner -
Clown of the Desert"
18.00 Eastenders
19.00 Three up, Two down:
"Widower's Mite"
19.30 The Brittas Empire: "Wake
Up the Lion Within"
20.00 Casualty: "The Power of
Persuasion"
21.00 World News - World
Business Report
21.25 Prime Weather
21.30 Later with Jools Holland
22.30 The Young Ones:
"Interesting"
23.05 All rise for Julian Clary
23.30 Punt and Dennis

Leygardagur 8. august

0.00 Holiday Forecast
0.05 Dr. Who: "The Face of Evil"
4.4
0.30 Statistical Sciences
1.00 Learning about Leadership
1.30 Putting Training to Work:
"Britain and Germany"
2.30 The Clinical Psychologist
3.00 Fontainebleau: "The
changing Image of
Kingship"
3.30 Poetry and Landscape
4.00 Women in Science and
Technology
4.30 Non-Euclidean Geometry
5.00 Models all around
5.30 Regressing to Quality
6.00 World News
6.25 Prime Weather
6.30 Jonny Briggs
6.45 Monster Cafe: "Doubley
Doos"
7.00 The Artbox Bunch
7.15 Bright Sparks
7.40 The Demon Headmaster
8.05 Activ8
8.30 Moonfleet
9.00 Dr. Who: "The Face of Evil"
4.4
9.25 Style Challenge
9.50 Can't Cook, Won't Cook
10.20 Prime Weather
10.30 Eastenders Omnibus
11.50 The Contenders: "Chariots
of Fire"
12.20 Kilroy
13.00 Style Challenge
13.30 Can't Cook, Won't Cook
14.00 The Duchess of Duke
Street: "Plain Sailing"
14.50 Prime Weather
14.55 Julia Jekyll and Harriet
Hyde: "The Duke and
Duchess of Rocket"
15.10 Run the Risk
15.35 Activ8
15.55 The Wild House
16.30 Dr. Who: "The Robots of
Death" 1.4
17.00 World News
17.25 Prime Weather
17.30 Fasten your Seat Belt
18.00 It ain't half hot, Mum: "The
Guinea Pigs"
18.30 Porridge: "The Harder They
Fall"
19.00 Only Fools and Horses:
"Chain Gang"
20.00 Backup: "Cut and Dried"
21.00 World News
21.25 Prime Weather
21.30 Ruby Wax meets... Pamela
Anderson Lee
22.00 Top of the Pops
22.30 The Goodies
23.00 Shooting Stars
23.30 Later with Jools Holland

Sunnudagur 9. august
0.30 Life Lines
1.00 Stress
1.30 Missing the Meaning?
2.00 Restoring the Balance
2.30 Title to be Announced
3.00 Picturing the Modern City

3.30 The Effective Manager
4.00 Open Advice: "The Three
Degrees"
5.00 Making the News: "Behind
the scenes at the Six
O'Clock News"
5.30 Errors aren't forever
6.00 World News
6.20 Prime Weather
6.30 Wham! Bam! Strawberry
Jam!: "Clap Clap!"
6.45 The Broilys
7.00 Julia Jekyll and Harriet
Hyde: "The Duke and
Duchess of Rocket"
7.15 Run the Risk
7.40 Out of Tune
8.05 Activ8
8.30 The Genie from down
under: "Good Cop, Bad
Genie"
8.55 Top of the Pops
9.25 Style Challenge
9.50 Can't Cook, Won't Cook
10.30 Only Fools and Horses:
"Chain Gang"
11.20 Prime Weather
11.25 To the Manor born
11.55 Animal Hospital
12.25 Kilroy
13.05 Style Challenge
13.30 Can't Cook, Won't Cook
14.00 Only Fools and Horses:
"Chain Gang"
14.50 Ozone
15.05 William's wish Wellingtons:
"William's Big Tidy Up"
15.10 The Demon Headmaster
15.35 Activ8
16.00 The Genie from down
under: "Good Cop, Bad
Genie"
16.30 Top of the Pops
17.00 World News
17.25 Prime Weather
17.30 Antiques Roadshow
18.00 Miss Marple: "The Body in
the Library" 1.3
19.00 999
20.00 Citizen Kay
21.00 World News
21.25 Prime Weather
21.30 Film: "Money for nothing"
23.00 Songs of Praise
23.35 The Victorian Flower
Garden

Mánadagur 10. august

0.05 Images of Disability
0.30 Learning about Leadership
1.00 Putting Training to Work:
"Britain and Germany"
1.30 Children, Science and
Common Sense
2.00 Mental Health and
Community Care
4.00 Get by in Italian
5.00 Computer don't bite:
"Getting Started - Getting
Online"
5.45 20 Steps to better
Management: "Thriving to
Change"
6.00 World News
6.25 Prime Weather
6.30 Jonny Briggs
6.45 Activ8
7.10 Tom's Midnight Garden 1.6
7.45 The Terrace
8.15 Can't Cook, Won't Cook
8.40 Kilroy
9.30 The Contenders: "Chariots
of Fire"

10.00 The House of Eliott 4.10
10.55 Real Rooms
11.20 The Terrace
11.50 Can't Cook, Won't Cook
12.15 Kilroy
12.55 Songs of Praise
13.30 The Contenders: "Chariots
of Fire"
14.00 The House of Eliott 4.10
14.55 Prime Weather
15.00 Real Rooms
15.25 Jonny Briggs
15.40 Activ8
16.05 The Prince and the Pauper
1.6
16.35 Can't Cook, Won't Cook
17.00 World News
17.25 Prime Weather
17.30 Wildlife: "Path to the Sea"
18.00 The Contenders: "Chariots
of Fire"
18.30 Fat Man in France:

"Normandy"
19.00 Porridge: "The Harder They
Fall"
19.30 Waiting for God
20.00 Miss Marple: "The Body in
the Library" 2.3
21.00 World News - World
Business Report
21.25 Prime Weather
21.30 Alexander - The God King
22.30 Floyd on Britain and Ireland
23.00 The Lifeboat: "The Big
Match"
23.50 Prime Weather

Týsdagur 11. august

0.05 Le Corbusier and the Villa
La Roche
0.30 The Rinnucini Chapel,
Florence
1.00 The Gentle Sex?:
"Representations of
Gender"
1.30 Fontainebleau: "The
changing Image of
Kingship"
2.00 The Shape of the World
4.00 When in Italy
4.30 When in Italy
5.00 Computers don't bite:
"Getting Started"
5.45 20 Steps to better
Management: "Creating an
Effective Team"
6.00 World News
6.25 Prime Weather
6.35 Monster Cafe: "The Wind"
6.50 Run the Risk
7.10 The Demon Headmaster
7.45 The Terrace
8.15 Can't Cook, Won't Cook
8.40 Kilroy
9.30 Eastenders
10.00 The Onedin Line: "Coffin
Ship"
10.50 Real Rooms
11.15 The Terrace
11.45 Can't Cook, Won't Cook
12.10 Kilroy
13.00 Fat Man in France:
"Normandy"
13.30 Eastenders
14.00 The Onedin Line: "Coffin
Ship"
14.50 Prime Weather
14.55 Real Rooms
15.25 Monster Cafe: "The Wind"
15.40 Run the Risk
16.05 The Demon Headmaster
16.30 Can't Cook, Won't Cook
17.00 World News
17.25 Prime Weather
17.30 Wildlife: "Nature by
Design"
18.00 Eastenders
18.30 Auction: "Gerry and the
Pricemakers"
19.00 The Brittas Empire: "The
Disappearing Act"
19.30 One Foot in the Grave:
"Dreamland"
20.00 The Final Cut
21.00 World News - World
Business Report
21.25 Prime Weather
21.30 Jobs for the Girls: "Pauline
and Linda Chase a Story"
22.10 All our Children: "First
Impressions"
23.00 Casualty: "The Power of
Persuasion"
23.50 Prime Weather

23.50 Prime Weather
Týsdagur 11. august
0.05 Le Corbusier and the Villa
La Roche
0.30 The Rinnucini Chapel,
Florence
1.00 The Gentle Sex?:
"Representations of
Gender"
1.30 Fontainebleau: "The
changing Image of
Kingship"
2.00 The Shape of the World
4.00 When in Italy
4.30 When in Italy
5.00 Computers don't bite:
"Getting Started"
5.45 20 Steps to better
Management: "Creating an
Effective Team"
6.00 World News
6.25 Prime Weather
6.35 Monster Cafe: "The Wind"
6.50 Run the Risk
7.10 The Demon Headmaster
7.45 The Terrace
8.15 Can't Cook, Won't Cook
8.40 Kilroy
9.30 Eastenders
10.00 The Onedin Line: "Coffin
Ship"
10.50 Real Rooms
11.15 The Terrace
11.45 Can't Cook, Won't Cook
12.10 Kilroy
13.00 Fat Man in France:
"Normandy"
13.30 Eastenders
14.00 The Onedin Line: "Coffin
Ship"
14.50 Prime Weather
14.55 Real Rooms
15.25 Monster Cafe: "The Wind"
15.40 Run the Risk
16.05 The Demon Headmaster
16.30 Can't Cook, Won't Cook
17.00 World News
17.25 Prime Weather
17.30 Wildlife: "Nature by
Design"
18.00 Eastenders
18.30 Auction: "Gerry and the
Pricemakers"
19.00 The Brittas Empire: "The
Disappearing Act"
19.30 One Foot in the Grave:
"Dreamland"
20.00 The Final Cut
21.00 World News - World
Business Report
21.25 Prime Weather
21.30 Jobs for the Girls: "Pauline
and Linda Chase a Story"
22.10 All our Children: "First
Impressions"
23.00 Casualty: "The Power of
Persuasion"
23.50 Prime Weather

Mikudagur 12. august

0.00 Diagrams
0.30 The Spiral of Silence
1.00 The Programmers
1.30 To engineer is Human
2.00 The Shape of the World
4.00 The Travel Hour: "The
Italian Riviera and Bologna"
5.00 Computer don't bite:
"Getting Started - Getting
Online"
5.45 Teaching Today: "Modern
Languages"
6.00 World News
6.25 Prime Weather
6.30 Julia Jekyll and Harriet
Hyde: "With a Smile and a
Song"
6.45 Activ8
7.10 The Wild House
7.45 The Terrace
8.15 Can't Cook, Won't Cook

8.40 Kilroy
9.30 Eastenders
10.00 All Creatures great and
small: "Practice Makes
Perfect"
10.50 Prime Weather
10.55 Real Rooms
11.20 The Terrace
11.50 Can't Cook, Won't Cook
12.15 Kilroy
13.00 Auction: "Gerry and the
Pricemakers"
13.30 Eastenders
14.00 All Creatures great and
small: "Practice Makes
Perfect"
14.55 Prime Weather
15.00 Real Rooms
15.25 Julia Jekyll and Harriet
Hyde: "The Duke and
Duchess of Rocket"
15.40 Activ8
16.05 The Wild House
16.30 Can't Cook, Won't Cook
17.00 World News
17.25 Prime Weather
17.30 Wildlife: "Backstreet
Bandits"
18.00 Eastenders
18.30 Fasten your Seat Belt
19.00 Waiting for God
19.30 Three up, Two down:
"Widower's Mite"
20.00 Clarissa 2.4
21.00 World News - World
Business Report
21.25 Prime Weather
21.30 Citizen Kay
22.20 One Man and his Dog
23.05 Preston Front: "Polson's
Mess"

Hósdagur 13. august

0.00 Prime Weather
0.05 Restoring the Balance
0.30 Synthesis of a Drug
1.00 Organic Chemists:
"Molecular Engineers"
1.30 The Cretaceous
Greenhouse
2.00 Landmarks: "Pakistan and
its People"
4.00 The Travel Hour: "Tuscan
and Rome"
5.00 My Brilliant Career: "Lord
Spens: The Trial of a
Banker"
5.30 The small Business
Programme
6.00 World News
6.25 Prime Weather
6.30 The Broilys
6.45 Bright Sparks
7.10 Out of Tune
7.45 The Terrace
8.15 Can't Cook, Won't Cook
8.40 Kilroy
9.30 Animal Hospital
10.00 Miss Marple: "The Body in
the Library" 2.3
10.55 Prime Weather
11.00 Real Rooms
11.25 The Terrace
11.55 Can't Cook, Won't Cook
12.20 Kilroy
13.00 Fasten your Seat Belt
13.30 Animal Hospital
14.00 Miss Marple: "The Body in
the Library" 1.3
14.55 Prime Weather
15.00 Real Rooms
15.25 The Broilys
15.40 Bright Sparks
16.05 Out of Tune
16.30 Can't Cook, Won't Cook
17.00 World News
17.25 Prime Weather
17.30 Wildlife: "Water Walkers"
18.00 Animal Hospital
18.30 Antiques Roadshow
19.00 It ain't half hot, Mum: "Dog
in the Manger"
19.30 To the Manor born
20.00 Common as Muck
21.00 World News - World
Business Report
21.25 Prime Weather
21.30 999
22.30 The Victorian Flower
Garden
23.00 Spender: "At the End of the
Day"
23.55 Prime Weather