



EXPLORE THE ISLANDS



Oyndarfjørður

EXCURSIONS IN EYSTUROY

HIKING:

The two tourist offices in Eysturoy have several guided hikes on their programme. For instance:

Slættaratindur: On this tour we climb the highest mountain in the Faroe Islands, Slættaratindur (882 m). From the top we have a fantastic view of all the Faroes.

The refuge Uppi á Hálsi: In Fuglafjørður there is a refuge in the mountain west of the village. In the old days, a small house was built here for people to hide in when pirates ravaged the village. Many exciting stories are told on this trip.

The old road over the mountain from Leirvík to Norðragøta: The hike starts at the Viking settlement of Leirvík and continues over the mountain to Norðragøta. The trip ends in the old part of town in Norðragøta, where coffee will be served at GlyvraHanusar Hús.

Lamba – Rituvík: This mountain hike starts off in the idealistic village of Lamba, continuing up the mountain, and then follows the cairns to the village of Rituvík. The guide will provide entertainment with the authentic story of the ship Norske Løve. Dried fish will be served in a sheephouse on the mountain.

Around Toftavatn: Join a guided tour around Toftavatn lake. It starts at the rectory dating from 1863, continues with a visit to the wooden church built in 1843 and the Fríðrikskirkjan from 1994.

We also visit the Toftir stadium and walk over the heather covered hills around the idyllic Toftavatn lake.

Skarð: The tour along the cairn path up to the mountain pass Skarð, between Fuglafjørður and Hellurnar, and further on up to the vantage point above is a magnificent experience.

If you prefer to go on your own, the booklet The Faroes on foot is available. This booklet will tell you how to manage which way to go and what is worth seeing as you pass by. The booklet is for sale at tourist offices.

FAROESE EVENING:

Faroese evening with traditional food and culture. Please contact the tourist information in Eysturoy.

SCUBA DIVING:

A magnificent experience. Nearly everyone remembers their first encounter with the underwater world the rest of their lives.

ROWING:

Boat racing in typical Faroe rowing boats can be arranged for groups in Skálafjørður.

**ADVENTURE GARDEN
UPPI Á GØRDUM:**

Visit the old Faroese adventure garden where you can listen to birdsong. Experience the beautiful nature and enjoy the view over all of Skálafjørður. You can buy coffee and homemade cakes which you can enjoy sitting in one of the garden's many cosy corners. It is particularly pretty in the evening by candlelight. The owners of the garden can also arrange:

- walking tours followed by fish soup served in the garden
- Fishing from the harbour quay followed by a meal served in the garden
- Join the sheep herding and shearing in mid July
- Join the sheep herding and slaughter at the beginning of October

■ FOR MORE INFORMATION,
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