



EXPLORE THE ISLANDS



Oyndarfjørður

EXCURSIONS IN EYSTUROY

HIKING:

The tourist offices in Eysturoy have several suggestions for hikes. Since you are always hiking through privately run outfields, you need permission first, if you do not go on a prearranged excursion. Please contact the tourist offices or the local sheep farmer.

HIKING OPTIONS:

Slættaratindur: The highest mountain in the Faroe Islands is called Slættaratindur (882 m). From the top, there is a fantastic view of the surrounding islands. This tour is especially popular on the longest day of the year, when many locals gather here to watch the sun just dip beyond the horizon.

The Altar and Hellurnar:

Follow the old cairn trail from Fuglafjørður to Hellurnar. When you reach the pass between the two villages, make a detour to the northern mountain peak with the rock formation known as the Altar to enjoy the splendid view. From the pass, follow the rocks marked with yellow to reach the tiny village of Hellurnar. Here, a privately owned old house was recently rebuilt in the old style using driftwood and local materials.

The old path over the mountain from Leirvík to Norðragøta: The hike starts at the Viking settlement in Leirvík and continues over the mountain to Norðragøta.

Observation binoculars are mounted at the top of the mountain, so you have a spectacular view over the Leirvík and Gøta fjords. This is an easy to moderate hike, but a guide is recommended.

Elduvík - Oyndarfjørður:

Hike along the old village path from Oyndarfjørður to the charming village of Elduvík. This is an easy to moderate hike with flat terrain, but people with a tendency to vertigo might feel that the area below the path is somewhat steep.

Rappelling

With rappelling and rock climbing, Sherpa offers a variety of adventurous team activities near the village of Æðuvík. These are perfect for the courageous tourists or the group looking for a team building experience.

MUSIC AND FOOD FAROESE EVENING:

Gjáargarður: Experience a Faroese evening with

traditional food and culture at the Guesthouse of Gjógv. Try Faroese chain dancing and enjoy a traditional Faroese meal at this event held every Wednesday evening with musical performances by various Faroese artists. Booking in advance: www.gjaargardur.fo

HOYMABIT:

'Hoyma' means home and 'bit' means bite and rhymes with beat. HOYMABit is a series of home concerts with leading Faroese artists, homemade local and traditional food, and genuine hospitality in actual Faroese family homes in the village of Syðrugøta

GARÐAHÚSIÐ:

Try the home-grown hospitality and visit the beautiful gardens at this unique location. Experience the beautiful surroundings and enjoy the view over Skálafjørður fjord. Coffee and homemade cakes can be enjoyed in one of the garden's many cosy corners. It is particularly pretty in the evening by candlelight.

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Meet the locals. These visits are only available by appointment. Please contact one of the

Tourist Information offices below

At Hanusarstova in Æðuvík you will get a unique Faroese farm-to-table experience, where you'll get to converse with the locals over a homemade meal, gain an insider's perspective into the Faroe Islands, and even pet the softest of sheep if you'd like to.

At Torkilsheyggsgarður in Nes you can learn about a modern-day sheep farm and get the opportunity to try the homemade rhubarb cordial and taste the unique Faroese delicacies skerpikjöt and ræst kjöt.

The house Glyvralon in Glyvralon is located right on the beautiful and scenic shoreline of Skálafjørður, the longest fjord in the Faroes. The current owners serve homemade meals and you are cordially welcomed to enjoy their hospitality at "Glyvralon".

Knit with the locals. Learn about Faroese knitting culture and try it out in Gunvía Justinussen's home. The workshop is for beginners. There will also be time to enjoy some coffee and homemade cake.

■ FOR MORE INFORMATION,
PLEASE CONTACT:

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